

# The Apostolic Carmel

## Karnataka Province

150



## OUR LADY

OF MT. CARMEL,

*pray for us.*

On the occasion of the  
Sesquicentennial Celebration  
of the Apostolic Carmel  
we thank God for all  
'The Keepers of the Flame'  
and all those who journeyed  
with us through thick and thin.  
May God bless one and all !

May your lives be filled with  
Happiness & Peace!

'Grant them Eternal Rest'



70 Years



60 Years



60 Years



50 Years



40 Years



25 Years



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# Editorial...



The best Congregation for today's consumerist and 'mobile culture' world is 'the Apostolic Carmel' which is supposed to role model to the world the blend of 'prayer and action'. Yes, prayer or contemplation can be understood in as many ways as there are people on earth. For God, each individual is unique and precious and the relationship with each one too would be unique.



Our Holy Father Pope Francis in his Apostolic Exhortation "Gaudete Et Exultate" has simplified spirituality, holiness and prayer within the reach of everyone. St. Paul in his letter to the Romans 1:1 says "All believers are called to be saints". But in reality some may be sung ones while very many others just unsung. Each and every ordinary daily chore, done with love and integrity merits eternity and can take you to the heights of sanctity.

The legacy of Mother Veronica lived by our saintly sisters who have gone before us needs to be carried on. While we raise our hearts with gratitude for all of their toil, unstinted labour of love, we pray that we the daughters of Mother Veronica may have the zeal and generosity to give our best to the Lord.

May Mother Veronica who has gone before us on the path of obedience, self sacrifice, humility and charity teach us to imitate her life.

We pay our respects to all our Superiors' General on this Sesquicentennial Celebrations – Mother Marie Des Ange, Mother Aloysia, Mother Josephine, Mother Annunciata, Mother Sylvia, Mother Theodosia, Sister Carmelita, Sister Mariella, Sister Vincent, Sister Agatha Mary, Sister Susheela and all the sisters who have kept the flame alive and burning.

Let us be the joyful and vibrant 'Keepers of the Flame' lit by that one daring woman who made a difference for the world in particular to the 'women's world'.

**Sister Rose Agnes A.C.**

*Editor*

## CELEBRATIONS GALORE AT ST. ANN'S...

\* **Sister Maria Marilda AC**

*St. Ann's Convent, Mangaluru*

Celebrating 150 years of its existence is indeed a significant milestone in the history of the Apostolic Carmel! **St. Ann's the Mother House** of the Congregation had the privilege of witnessing a unique four day celebrations in its Campus. The three communities viz. the Provincial House, St. Ann's and Carmel Convent, Ashaniketan had a joint celebration of the Sesquicentennial Jubilee.

On July 13, the Catholic Staff and Students of the Campus had a Thanksgiving Eucharistic Celebration at Rosario Cathedral. Fr Ivan ocd who was the main celebrant preached a meaningful homily. The Carmel School was in charge of the Liturgy. The mountain with the Lady of Mount Carmel took a prominent place at the side of the Sanctuary. The Entrance Procession with 150 lamps carried by the students and placed around the Lady of Mount Carmel was indeed a feast for the eyes and conveyed the significance of the occasion. Gifts offered at the Offertory were later shared among the less privileged.

On July 14, the celebrations took place in our respective **Institutions**. At **Carmel School**, the Programme was presided over by the Principal. The Radio Video show was scripted and presented verbally and enacted by the students. The show initiated with hymns, prayers and reading from the Gospel were connected to the Joyful Mysteries. The statue of our Lady of Mount Carmel was showered with flowers amidst the singing of the Hymn 'We Assemble Here Today'. The Carmel Blossoms presented a one – act play elucidating the history of the feast and thereafter manifesting how a family was salvaged from drowning only through the ardent prayers to our Lady of Mount Carmel and devotion to the Scapular. An 'Interview with Mother Veronica' depicted how passionate she was without wavering in her pursuit of the truth. The Principal, in her address highlighted ten Virtues of Mother Mary reflected in the life of Mother Veronica.

At **St. Ann's P U College**, the programme began with a befitting prayer service. Glimpses of Mother Veronica's life were

showcased in the form of a short skit, followed by a power point presentation. The Principal addressed the gathering and motivated the students to inculcate the values that Mother Veronica cherished, upheld and lived for. The winners of the quiz competition held on 11<sup>th</sup> July 2018 on the ‘Life of Mother Veronica’ were felicitated.

**St. Ann’s Teacher Training Institute** (D.EL.Ed.) in collaboration with **DPPTTI** (Diploma in Pre – Primary Teacher Training Institute) had a meaningful programme. There was a beautiful skit named after our Foundress – ‘Veronica Chinthana’ composed by Mr. Umesh Karanth, the Kannada Lecturer of the College. The skit touched upon all aspects of Mother Veronica – her love for God and mission, courage to withdraw from the loved family and country in order to reach India – the mission land, her ardent desire to work in the field of education and her whole hearted surrender to God’s holy will and the mission of the Congregation over the 150 years.

To mark the occasion there was a **get-together for all the Staff of the Campus** on the same day at 12.15 p.m. Sisters Maria Reethika and Pramila D’Souza conducted the Prayer Service, Sister Rose Agnes welcomed the gathering after which the significance of the day was presented through a short video on Mother Veronica prepared by Sister Rose Agnes.

On Sunday 15<sup>th</sup> July, we had the **celebration for the Parishioners**. A fitting introduction was given at the Eucharist. Gift packets for 13 poor families of the parish were taken during the Offertory Procession and distributed to them after Mass. Scapulars and snacks were given to all who attended the Mass in Malayalam, the Main Mass of the day and the Children’s Mass.

The finale on 16<sup>th</sup> July saw to the completion of **our Sesquicentennial Celebrations**. The Solemn Eucharist was concelebrated by eleven priests. Fr Prakash D’Cunha ocd, the main celebrant preached a meaningful and an inspiring Homily. There was the representation of the Jesuits, Carmelites, Capuchins and the Diocesans. One among the Jesuit was the altar boy of yester years in our chapel from the Rosario Cathedral who came to the Chapel after 40 years of his ordination. He was overjoyed to be present for the event and recalled the happy days when he served as an altar boy

and the love he had experienced then. It was followed by a short get together of the three communities with our guests - the priests, sisters from the four convents of our Parish and the ACAs. It began with a chorus sung with jubilation 'I have brought you into the land of Carmel'. This event was graced by Msgr. Dr. Peter Paul Saldanha, the Bishop Elect. The significance of the day was given through a short documentary after which all joined in the festal meal.

One more get together with our ten **Adopted Families** (seven of St. Ann's Community and three of the Provincial House) will follow soon.

The journey of 150 years of the Apostolic Carmel began with a single step which our Foundress Venerable Mother Veronica dared to take. On the occasion of the Sesquicentennial Celebrations of the Congregation we salute our beloved Foundress and ask the Almighty God to raise her to the honours of the Altar. May we have the joy of celebrating this occasion soon!

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## SESQUICENTENNIAL EUPHORIA AT ST AGNES

\* **St. Agnes Convent**  
Mangaluru

*“Cease every opportunity that comes your way; for opportunity like time never returns.”*

This statement was indeed taken very seriously by the Sisters of St. Agnes Convent as they approached the culmination of the 150 years of existence of the Apostolic Carmel. And so the sisters, in order to grab this mammoth opportunity, began the preparations of this celebration well in advance - about a month or so - for certainly they knew that they would never witness such a great event in their lifetime again.

According to the suggestions given by the Sisters, the Sesquicentennial celebrations began three days prior to the actual

feast. On the first day, i.e. 13 July 2018, the Catholic students of all the institutions in the campus gathered at St Sebastian's Church, Bendore for a solemn mass celebrated by Fr Alwyn Sequeira ocd. The liturgy was conducted beautifully by all the institutions who shared the responsibilities equally. It was a grand celebration, the first of its kind in the Church, as around 2500 students were accommodated in the Church. On the same day, all the institutions marked this day with special programmes either depicting the life of Mother Veronica or conducting competitions related to the celebration.

The P.G. Centre and the Degree College had organised a meaningful Prayer Service and Collage Competition and the winners were awarded prizes. The P.U. College selected 40 students who were trained to go from class to class to speak on Mother Veronica our Foundress. The High School conducted Quiz Competition & Painting Competition in the school. Mother Veronica's play titled "Obedience her Life" was enacted. Importance of the day was highlighted by the Headmistress. The CBSE School conducted Collage, Quiz, Drawing and Essay Writing Competitions on Mother Veronica's Life. The winners were awarded prizes. The Kannada Primary organised a programme on Mother Veronica.

The second day, i.e. 14 July 2018, was indeed bright and colourful as the community sisters held a special programme for the staff of the institutions of the entire campus. A very short programme was conducted wherein Sister Pearl Ann A.C. addressed the staff regarding the virtues of Mother Veronica. A short documentary on the Apostolic Carmel and its works was also displayed. 315 staff members of all the Institutions together with the sisters then partook of the fellowship meal.

The sisters of St. Agnes Convent made sure that they had not left any stone unturned. As they had planned earlier, they made certain that the people of the parish were not left behind in their celebrations. So on the third day, i.e. 15 July 2018, the sisters conducted the liturgy of the 6.45 a.m Sunday Mass in collaboration with the sisters of the neighbouring community Yesu Prem Niketan. The Mass began with a beautiful introduction highlighting the Apostolic Carmel and its works. After Mass, the sisters distributed scapulars and laddus in honour of

the celebration. The picture of Mother Veronica was venerated near the altar in the Church for all the Sunday Masses. The Children's Mass in St. Agnes Convent Chapel was likewise made meaningful. Scapulars and laddus were distributed for the children. The sisters of the community who teach Catechism in Thokur spoke of the importance of the day and distributed scapulars and sweets to the children.

The grand finale of the celebrations took place on 16 July 2018 when a High Mass was celebrated at 11.30 am by Fr Wilfred Rodrigues O.C.D., Superior, St. Joseph's Monastery, Bikarnakatte and other concelebrants. Priests and religious from different Congregations of the locality, along with the ACAs, Mr. Shashidar Hegde, Chief Whip and Former Mayor, Mangalore City Corporation, Mr. Naveen D'Souza, Corporator, Mangalore City Corporation and a few well wishers of the Convent gladly accepted the invitation and were a part of the festivities. As a short programme, the sisters sang the Sesquicentennial Anniversary Anthem and displayed a short documentary on the Apostolic Carmel and its various apostolates. Games were conducted and prizes were given. Then the whole gathering joined in the fellowship meal prepared lovingly by the sisters of the community.

The four-day celebration, though tiresome, was a joy filled occasion and will remain etched in the memories of the sisters and countless people whom they involved in their celebrations.

"All's well that ends well" All's well that begins in love and done for the glory of God (*through Mother Veronica*)."

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## TIT BITS OF SESQUICENTINARY CELEBRATION AT ST. CECILY'S

\* **St. Cecily's Convent**  
*Udupi*

St. Cecily's celebrated the Sesquicentennial Year of the foundation of the Apostolic Carmel at Bayonne, in a lively manner both at the Convent and the School levels. Mother Veronica was the

central figure of all our endeavors. In Cecily's Campus, the students from K.G. to P.U.C. spend most of their precious time in the temples of learning, where they also, come to know who Mother Veronica is. To mark the Sesquicentenary Year of the existence of the Congregation, all the students except those in the Kindergarten visited in batches different ashrams in the locality. A meaningful prayer service was conducted after which the significance of the occasion was given. It was followed by the distribution of fruits and snacks to all the inmates.

All the Catholic parents of the students were invited for a get-together in the High School Hall. They were shown a documentary on the Life of Mother Veronica and Rev. Fr Chetan Lobo ofm gave a talk to them. Rev. Fr Rayan ocd celebrated Mass in our Convent Chapel. His homily stressed on the entire life of Mother Veronica. All were served refreshments after Mass.

16<sup>th</sup> July, was a significant day for all of us. We raised our hearts in gratitude for all the blessings of 150 years on the Apostolic Carmel and through her to the Mother Church and the people at large. Yes, the little seed sown with struggle and toil had borne much fruit in the sight of the Lord. St. Cecily's has begun singing the chorus of gratitude for the 100 years of its mission in Udupi. Well, it was at the request of the predominant Hindu and Christian Leaders to Mother Alyosia the then Superior General for girls' education that merited the establishment of St. Cecily's Convent and the Institutions.

There was the Solemn Thanksgiving Mass in the chapel with Fr Rayan ocd as the main celebrant. In his homily, he highlighted the life of Our Lady of Mount Carmel and connected it to the life of Mother Veronica. Our ACAs and our five adopted Catholic families were invited for Mass and a get-together which culminated with a festal meal.

We earnestly pray that Mother Veronica be raised to the honours of the altar, so that we have a powerful intercessor for all of us.

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## STELLA MARIS CELEBRATES 150 YEARS!

\* **Stella Maris Convent**  
*Kotekar*

What excitement and joy might have filled Mother Veronica's heart on 16<sup>th</sup> July 1868—when with two candidates and she, participated in the Eucharist and started a new congregation! Did our Mother ever dream of the growth of her Congregation as it is today! Yes 'unless a grain of wheat falls into the ground and dies it cannot bear fruit', is the reality of our Congregation, and we have apt reasons to rejoice and celebrate 150 years during which the Apostolic Carmel has grown into a sturdy tree.

How to celebrate this significant event was the question of the Stella Maris Community. We discussed and planned and came to the conclusion to have a moderate celebration and to share our joy by offering the festive meal to the poor, the helpless people of our nearby "Paschim Rehabilitation Centre", an ashram for the old and neglected run by Mr. Rohith Sanctus.

The educational institutions of our campus celebrated this great event meaningfully, on July 13<sup>th</sup>. The whole campus had the Eucharist celebrated at 9.30 a.m. The altar was decorated with fresh flowers and the students' choir with instruments was very festive. Fr Rayan ocd gave a meaningful homily and made the celebration of the Eucharist livelier. The children offered many a useful things at the Offertory, which were distributed to the poor and needy.

After the Eucharist, the students had cultural programmes in their respective schools. The campus staff and students were given a festive meal.

Stella Maris chapel is a semi parish with people of two wards of the parish attending the Sunday Mass. We celebrated our joy with them on July 15<sup>th</sup>. Before the Eucharist the significance of the Sesquicentennial Celebration was read as Introduction for Mass. The Prayers of the Faithful were prepared to suit the occasion. After Mass the blessed scapulars and a packet each of the pastry, was distributed to all who attended Mass.

On July 16<sup>th</sup> at 11 a.m the Eucharist was celebrated by Fr Alwyn Sequeira ocd along with Fr Alfred Menezes ocd, Fr Wilson Moras SJ and Fr. Valerian Pinto, the chaplain of Nirmala Convent. An introduction giving the significance of the celebration was read. There was an entrance procession of the Carmel Blossoms carrying flowers, the ACAs taking scapulars and two sisters representing the community followed by priests as the entrance hymn was sung. The Carmel Blossoms made up the choir with their melodious singing.

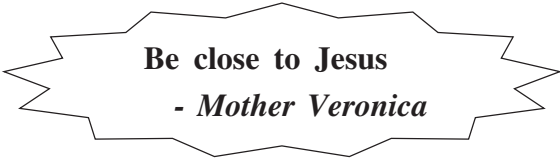
After Mass the guests were led to the hall. The Animator of the community, Sister Archana highlighted the significance of the day and welcomed the gathering. A Konkani song in honour of our Venerable Mother Veronica was sung. Fr Valerian Pinto appreciated the service rendered by the Apostolic Carmel to the society in the field of education and then prayed the grace before meals.

The programme concluded with a festal meal prepared by the Tellis Caterers of Thokkottu for 150 people, including our deanery priests, religious, ACAs, Carmel Blossoms and those who come every day for Mass.

All present appreciated the simple and short programme. Mr. Rohith Sanctus was very grateful. He gave a call before starting their meals thanking us for the sumptuous meal provided for the 110 inmates of the Ashram.

Our hearts remain grateful to God. God planned the Sesquicentennial Celebration for each one of us at the right time in our life. May God bless us with the integrity of spirit and the fire of zeal to work for the spread of His Kingdom and the deeper experience of our Charism.

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**Be close to Jesus**  
**- Mother Veronica**

## 150 YEARS OF PRAISE AND GLORY!

\* **Annunciation Convent**

*Ladyhill, Mangaluru*

***“LET MY LIFE BE A CONSTANT CELEBRATION OF YOUR LOVE FOR ME MY GOD”.***

Indeed 16<sup>th</sup> July was a day of celebration – the feast of Our Lady of Mount Carmel and the 150<sup>th</sup> year of the Foundation of the Apostolic Carmel! Great are the works of the Lord..... How can we praise him enough? How can we thank the Most Gracious Loving Lord enough for the 150 years of Love and Service?

For this great day we invited Rev. Fr Pius James D’Souza ocd the Episcopal Vicar for Religious to be the main celebrant along with Fr Stany Pereira the Parish Priest of Urwa, Fr Aquin Noronha the Parish Priest of Ashoknagar and Fr Cyril Lobo to offer the Holy Sacrifice of the Mass. We sang the beautiful hymn “Lord we come, we’ve heard your gentle call...” with a spirit of love, thanks and praise. We and the ACAs walked with lamps in our hands ready to renew our commitment. After Mass we met together for a fellowship meal in the recreation room. Our vibrant sisters were low in spirit that day due to our dear Sister Marcellita’s fading health. She who was totally dedicated to our Lord, was now breathing her last. She was breathing with difficulty but blessing everybody who went to take a glance of her.

Earlier, we celebrated the Sesquicentennial Year in a glorious manner along with our staff, students and the ACAs with Mass, prayer and cultural programme. The Mass and prayer were offered with deep devotion and fervour and the cultural programme was really spectacular.

At Ladyhill Composite P.U. College the day began with Mass offered by Fr Joseph ocd. who preached on the inner beauty of Mary Mother of Carmel. Both the High School and PUC students put up a programme highlighting the 150 years of the Apostolic Carmel. Photos and a write up were published in the Newspaper and the school website.

The two Higher Primary Schools, Kannada and English Mediums had a Thanksgiving Mass offered Rev. Fr Clifford Fernandes, the Parish Priest of St. Joseph’s Church, Jeppu. He with his fervour and holiness gave an inspiring homily, instructing children to follow the three steps to love our Lady of Mount Carmel.

- 1) To pray the daily Rosary 2) To do works of mercy and 3) To imitate her qualities.

The Carmel Blossoms conducted the liturgy during which 25 of them were initiated. After Mass, Fr Clifford blessed the Scapulars. The Carmel Blossoms received both the Badges and the Scapulars.

Then followed a cultural programme where the students of V B Class brought out the beautiful virtues of Mother Veronica, thanked the sisters of the Apostolic Carmel for their services to the girl child with a skit and a dance.

A campus staff get-together was arranged on 27<sup>th</sup> July, during which Sister Mabilia the Assistant Superior General addressed the staff on the spirit of Mother Aloysia our former Superior General as an educationist and made them aware through reflection, conversation and discussion etc on ‘How to be a vibrant AC teacher and what is expected from an Apostolic Carmel teacher’. She gave 10 practical tips for teachers’ effectiveness.

An evening with Sister Mabilia on 28<sup>th</sup> July as a community to freshen our drooping spirit as our dear Sister Marcelita had gone home to God. Indeed all our celebrations had a sober tone because our dearly loved Sister Marcellita who was the positive force and a role model of the Apostolic Carmel was no more. Sister Mabilia revised with us the A.C. ethos and its heritage and traditions thus motivating us to be sign posts of Christ’s Mission.

**A NEW DREAM FOR THE JUBILEE YEAR ...**

a) We have decided to make a difference in the life of **widowed mothers in our area of mission**. This will be done by joining hands with our parents, ACAs to bring together single men and women from all walks of life who will meet **once a month** thereby bringing a spark of hope, a spark of joy on their sad and lonely faces. This would be done in a very creative way with prayer, a talk, group discussion,

viewing a video, yoga, games, joining in a fellowship meal, an outing and ‘Let go, Let God, Let be’ This phrase is equally applicable to our brothers and sisters who are a part of our 150<sup>th</sup> year of celebration.

With warm gratitude to our Foundress we look forward to yet another celebration... 2020 the starting of the A.C. Mission in India!

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## LEGACY OF 150 YEARS.....CELEBRATED!

**\* St. Joseph’s Convent**  
*Kundapura*

Our hearts well up with love, joy and gratitude to God as we recall and retrace our steps backward, full 150 years, to the glorious event of July 16, 1868 - the birth of the Apostolic Carmel in a faraway land in Bayonne.

And in preparation for this event a three-day celebration was held in the School and in the Convent.

The long awaited day July 14, dawned and the students of both the schools joyfully came for a prayer service and a programme on our Lady of Mount Carmel which was followed by a power point presentation on the life of Mother Veronica and the mission of the Apostolic Carmel. All of them were given a piece of cake each and a sumptuous meal cooked for them on this special occasion.

The lay staff and the sisters were warmly welcomed to the school hall by the Superior Sister Violet Tauro for a get-together with a bouquet of flowers which was followed by a short prayer. Sister Ritamary then briefly highlighted the significance of the day giving in a nut shell the founding of the Apostolic Carmel by its Foundress Mother Veronica.

The lay staff was impressed and expressed their admiration for her undaunted courage and sacrifice in founding the Apostolic Carmel for the cause of education of the young girls. It was a happy time of togetherness expressing our views and sharing our insights on Mother Veronica. We thanked God for bringing us together on this auspicious day to celebrate Mother Veronica. Refreshments were served after

which, one of the lay staff expressed his gratitude for arranging this ‘get-together’. It brought joy of being together and above all of knowing the greatness of our Foundress Mother Veronica.

Two of our sisters, Sister Joycelyn the Headmistress and Sister Veena Quadras the teacher in the Parish Holy Rosary School were not forgotten. The Superior Sister Violet Tauro very thoughtfully got Sister Joycelyn to arrange a party for the staff in honor of Mother Veronica.

The staff touched by this kind gesture thanked the Superior and community for their concern towards them. Even they came to know about our Foundress Mother Veronica.

The second celebration was in the Parish on Sunday July 15, 2018. A brief introduction on Mother Veronica and the Congregation was given before Mass by Sister Maria Navitha and after Mass there was a power point presentation on Mother Veronica and the founding of the Apostolic Carmel. In honour of the Feast of our Lady of Mount Carmel, scapulars were blessed and distributed to all. At the end of the Mass a piece of cake was offered to everyone present. The people went home happy for having known about Mother Veronica.

The third day of celebration dawned and our hearts were full of joy. We hastened to the chapel to praise and thank God for the marvels wrought in the life of Mother Veronica and in founding the Apostolic Carmel.

We recalled with gratitude to God the daring woman, our beloved foundress Mother Veronica whose birth pangs brought forth the Apostolic Carmel into existence.

In gratitude to God we had the Eucharistic celebration in our chapel and it was packed to capacity with ACAs, Parishioners and Children.

At the introduction Sister Ivy in a nut shell put before the people the significance of the day. Fr Praveen Martis preached an inspiring homily appreciating the apostolate of the Apostolic Carmel Sisters and in particular the service of the local convent to the parish and to the people at large.

It was at the request of the then Bishop Valerian D’Souza, a band of sisters arrived in Kundapura, in 1930. Most of the people

were poor, unlettered and ignorant. The sisters taught the children to read and write, the women learnt to cut out garments and stitch and also weave cloth to earn their livelihood. Besides this an orphanage to house the destitute children was started. This apostolate of running an orphanage still continues today. Now after 88 years, the change that has come over in Kundapura is really marvelous! People are educated holding good jobs and having all the modern facilities possible. Besides there have been many vocations to priesthood and religious life especially to the Apostolic Carmel. In a way it is the spirit of Mother Veronica in our pioneering Sisters that is responsible for the change.

After the Eucharist, breakfast was served for all present. The ACAs gave a helping hand to the sisters to make the day a grand success.

The poor and needy were not forgotten. They too had their share in the festal celebration. A few of them who were sick and in bed were remembered and food was sent to them to share in our joy.

Our joy was to see the children of our orphanage thrilled and happy at the celebration. They too were given a sumptuous meal a piece of cake, other eatables and gifts.

The day came to a happy ending with a hilarious recreation in the community. We await yet another greater celebration, when we will have the joy of seeing our Foundress raised to the honours of the altar!

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**WHISPERS OF GRATITUDE AT ST MARY’S, MARJIL!**

**\* St. Mary’s Convent**  
*Falnir, Mangaluru*

The long awaited day was celebrated in a unique way in our Institutions, Parish and Community. The Sesquicentennial Celebration of the Foundation of the Apostolic Carmel was held by St. Mary’s P.U. College, Falnir, Mangaluru on Tuesday, the 10<sup>th</sup> July, 2018.

Fr Clifford Fernandes, the Parish Priest of St. Joseph's Church, Jeppu was the Chief Guest and Sister Maria Gloria, the Joint Secretary of St. Mary's Institutions presided over the programme.

The menial staff of 'Antony Waste Management' Mangaluru City Corporation was our special invitees. Eight of these unsung heroes from Milagres Ward were felicitated in acknowledgement of their dedicated service towards a 'Clean and Healthy City'. The celebration culminated with a memorable folk dance and a dance drama titled 'Life of Mother Veronica, the Foundress of the Apostolic Carmel' performed by the students, thus providing them with an opportunity to know Mother Veronica and the legacy she has left behind.

On July 13, banners were put in the Parish premises and in front of our main gate opening to the National Highway with the following quotation from Mother Veronica: "Success is sure when we place all our trust in God alone and sincerely walk in the path of virtue" with the additional words 'Celebration of 150 Years of the Apostolic Carmel.'

It did draw the attention of the passersby and we were thrilled when people started asking us for more details!

The next day we celebrated the Holy Eucharist with our students – Preparatory to PUC - along with their parents and the staff - 400 in all. The Carmel Blossoms from the High School led the choir. The Heads of Institutions prepared the Liturgy. As a token of our gratitude, the 150 who were in the Entrance Procession carried a rose each and placed them on the Altar. All the students, parents, teachers and sisters were thrilled at the beauty of the Altar decked with flowers.

Fr Maxim D'Souza highlighted the significance of the day and highly appreciated the Apostolic Carmel for their wonderful work. After Mass Sister Shalini addressed the parents asking them to think about the future of the Church and the Society and emphasized the importance of promoting and fostering Religious Vocations in the family.

Fr Melwyn Pinto S.J. addressed the Campus Staff. He spoke of the three outstanding qualities of a teacher: 1) Love for the students 2) Love for the subject 3) Love for the profession. He gave us 4

Cs to practise: 1) Compassion 2) Commitment 3) Collaboration  
4) Creativity.

The day's programme ended with a festal lunch. Everyone expressed her joy at this get-together.

On Sunday the 15<sup>th</sup> we had Solemn Mass with our Parishioners. The Liturgy was seen to by the sisters. After Mass, book marks and scapulars were distributed to the people and to sweeten their mouth, a piece of cake each. The Priests from St. Aloysius Community and the Parish clergy were invited for lunch.

Our elderly sisters expressed gratitude to God for being alive to celebrate this special occasion.

The celebrations will remain a memorable one in all the hearts who participated in this great event of the Congregation.

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## **BLESSINGS WE RECOUNT..... AT ST MARIA GORETTI!**

**\* St. Maria Goretti Convent**  
*Kemmannu*

Praise and thank God for the 150 years of blessings and grace!

We extol God for his assistance and the eternal graces bestowed on our Congregation. To make this significant day a memorable one we the Sisters at St. Maria Gorretti Convent, Kemmannu planned a get together of the ACAs. We celebrated the Solemn Eucharist in the Parish Church where around 30 ACAs joined us to offer praise and thanks to God. The Liturgy was planned and the importance of the day given with an apt introduction.

It was followed by a fellowship breakfast along with some games. As we were together gathered in the name of Mother Veronica we glorified God for her heroic life. Our celebrations continued and on July 26, on the feast of St. Anne and Joachim, we invited the

Priests and Sisters of our Deanery for a Solemn Mass and Agape. Our dear sisters of the Northern Province from Gopalpur joined us and together in one chorus we made known the significance of the day to others. It was a unique moment wherein they shared in our joy and our bonds were strengthened.

All the schools in the campus had celebrations galore giving the significance of the day in a well planned programme consisting of skits, dances and songs. There was a tone of joy, exuberance and celebrations in the campus on 14<sup>th</sup> July paying rich tribute to our beloved foundress Mother Veronica.

On this occasion we arranged a special Medical Checkup for our children in the Children's Home who are about 70 in number.

The students of Carmel English School 35 in number along with their teachers and HM visited 'Ozanam' the Home for the Aged. They shared with them the significance of July 16, 2018 and the contribution of Venerable Mother Veronica our Foundress. They entertained them with dances, gifts and loving exchange of words. The students expressed their gratitude and enjoyed the moments they got to share their love with those in need. One of the parents of the students offered free packets of biscuits too. They have also planned to visit the house for the Disabled Children in the month of August and an orphanage in September almost covering 150 people with whom we will share about the wonders God has done through the Apostolic Carmel.

The people of Kemmannu owe a rich debt of gratitude to the pioneering sisters and all the rest who have given their best for the development and growth of the girls and the families.

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*A humble obedience will  
always receive its reward  
- Mother Veronica*

## CELEBRATIONS OF THE FOUNDATION!

**\* St. Joseph's Convent**

*Bannimantap, Mysuru*

We had a unique celebration on July 16, 2018 to mark the 150<sup>th</sup> anniversary of our Apostolic Carmel. The celebration of the day began with a meaningful Morning Prayer followed by the Eucharist offered by Fr Patrick Xavier, the Rector of St. Mary's Minor Seminary.

The Mass Introduction, Offertory Procession and the Prayers of the Faithful made the celebration both solemn and festive. The melodious singing helped us to rejoice and thank God for His benevolence and blessings.

The presence of our ACAs, Benefactors, the Provincial Superior and the Community of the Ursuline Sisters added colour to the celebration.

After Mass we gathered in the hall for a festive breakfast. The hall was decorated artistically. A very brief history of the Apostolic Carmel was presented by the Superior Sister Noelle Marie.

The presence of Fr Patrick Xavier, Fr Balraj, the Vice Rector and the Assistant Parish Priest Fr Nehru Muthu enhanced our joy.

A copy of the book "As clay in His hands" was presented to them and a Brochure of Mother Veronica was given to all.

Three sisters attended the Solemn Mass of our Lady of Mount Carmel at the Flos Carmeli Convent of our C.C.R sisters and shared a festive dinner with them.

In St. Joseph's High School the Sesquicentennial Celebration of the Foundation of the Apostolic Carmel Congregation was woven into the fabric of the academic year i.e. 16<sup>th</sup> July 2017 to July 16<sup>th</sup> 2018 with various celebrations/activities/competitions bringing the celebration to the end on 14<sup>th</sup> July 2018 with a gala programme put up by the sparkling diamonds of Std. V A.

The festivities included sesquicentennial events such as distribution of 150 geometry boxes to needy students, display of 150 banners on Vanamahotsava Day, planting of 150 plants of various

kinds in the school garden, a Finale on the life of Mother Veronica on the School Annual Day, Twelve outreach programmes, to various Institutions/centres, Pencil Sketch Competition of and Quiz Contest on Mother Veronica for all the students of the school were conducted as part of the celebration.

The milestone started off with the celebration of the Holy Eucharist for all the Catholic students/staff of the campus. The arrival of about 25 students from the ‘LORD’S HOME’ an orphanage for boys added colour to the programme. They were warmly welcomed with gifts and served refreshments.

The students highlighted the life of Mother Veronica. The sun beams of Std. IV C formed symbolically the figure 150 recalling the mighty blessings of God poured on our Congregation and on all of us. Prizes were distributed to the winners. The celebration came to an end symbolically by letting two pigeons free in the air. As the pigeons flew up in the sky, the students hailed Mother Veronica and cheered her along with music for her magnificent contribution to the Church, the Congregation and to all of us. Later the jubilee cake was distributed to the students followed by a sumptuous lunch for the staff.

Long live Venerable Mother Veronica!!! Long live the ideals taught by Mother Veronica!!! Long live the Apostolic Carmel!!!

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## OH, HOW BEAUTIFUL!”

**\* Sister Rosevera A.C.**  
*Carmel Convent, Modankap*

“Oh, How Beautiful!” the words uttered by the dying person, taken care of by Venerable Mother Veronica and her sisters at Rangoon - resounded in Modankap when we were at the culmination of our Sesquicentennial Celebrations. A great sense of joy and satisfaction welled up in our hearts as the family members of a Hindu Cancer patient, whom we visited, prayed with and helped financially, expressed with gratitude ‘we felt as if God visited our house’.

We at Carmel, Modankap decided to make the Sesquicentennial Year a memorable one reliving the love of Our Foundress for the poor. The yearlong preparations for the jubilee celebrations marked with making Mother Veronica known and loved in the locality, neighbouring parishes and in our own campus - boosted our spirit to help to our adopted families. This year of grace, the jubilee year strengthened our bond with our Foundress and the poor people around us.

As the month of July opened its petals with festal joy, the Carmel Campus was adorned with a great celebration. The students of the campus made the jubilee year, a year to be cherished with beautiful and meaningful programmes. Though we decided to keep the celebration simple, we made it spiritually rich for us and for the people of our neighbourhood, ACAs and three of our adopted families. Several of our parishioners joined us for the Holy Mass and the get together, including a Hindu family. As a tribute to our dear Foundress we, the sisters offered lighted lamps, asking the Lord to help us to keep the flames of light lit by our Foundress burning and spreading its light around. Our celebration was doubled by sharing the meal with three families and financially helping a Hindu cancer patient and a Catholic lady undergoing dialysis. Indeed this was a year of blessing to us. We salute our Beloved Foundress, whose vision, commitment and self-sacrifice has brought down blessings upon us.

The dying person at Rangoon finally expressed to Mother Veronica, "I like to see you". Yes our beloved Foundress, we too like to see you,

We want to do what you did....

We are eager to be zealous as you were ....

We wish to love God as ardently as you did ...

We desire to bring hope into the lives of people

'Oh, how beautiful' it is to be like you, our Foundress.

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## 150 MILES ....CELEBRATED AT MOODBIDRI!

\* **Carmel Convent**  
*Moodbidri*

‘Mother of Carmel, here we are in your embrace  
With joyful hearts we come to you, pray to God for us,  
To walk in the path of newness, be our comforter in our trouble  
Dear Mother of Mount Carmel, Blessed Virgin Mary  
We your children pray.  
Hail our dear Mother of Mount Carmel’

These words of the hymn resounded in our campus for four days as we celebrated the Sesquicentennial Celebration of the founding of the Apostolic Carmel.

To make this Sesquicentennial Celebration very meaningful to the students, teachers and parents we had Retreat for three days on June 28, 29, and 30 by Rev. Fr Franklin and Bro. T K George. The Catholic parents along with their children attended a half-day retreat in the school. The praise and worship, preaching and prayer by Bro. T K George and the Mass with the parents were very much appreciated by all the Catholic parents. The full attendance of the parents was an encouragement to us. On one day the Catholic students of the Holy Rosary School joined the retreat.

On July 13, the Carmel School celebrated its foundation day and the feast of Our Lady of Mount Carmel. Rev. Fr Derik D’Cruz offered the festal Mass in the school auditorium followed by the programme from the Carmel Blossoms. During the programme Mary’s role in the life of the Church, very specially in the life of the Carmelites and the Apostolic Carmelites was highlighted through prayer, hymns, songs, dance and drama. The entire school community gratefully recalled the blessings of our Patroness, Mary Mother of Carmel. Carmel Blossoms of both the schools had a get together arranged by the Management.

On July 14, the Holy Rosary Composite P U College celebrated the feast in a fitting manner. The campus get together was hosted by Carmel School in its premises. All the teaching and non-teaching staff members were part of the celebration. Sister Meena Fernandes along

with the teachers and sisters conducted the prayer service, Sister Maria Niveditha, the Joint Secretary welcomed the gathering, Sister Maria Priya shared with the staff members the significance of the day and why the day became very dear to the Apostolic Carmelites. Mr Shirur proposed the vote of thanks, Sister Maria Premal compeered the event very creatively. This get-together became an expression of our bonding as Apostolic Carmel teachers.

On July 14, the evening of Saturday, and July 15, Sunday, Scapulars were distributed after Mass in the Church. This was an occasion to share our joy with the Parish Community. To share the sweetness of our joy in celebrating the Sesquicentennial Year, a piece of cake was distributed to all at the end of every Mass in the Parish of Corpus Christi.

On July 16, the sisters of Carmel Convent together with the Parish Priest and six other Priests of our Varodo including the Redemptorists and their brothers, Sisters from Morning Star and Mount Rosary Convents, the ward gulkars and few of our well-wishers joined in the Thanksgiving Sacrifice of the Holy Eucharist. The Introduction at Mass highlighted the significance of the day.

During the get-together a fitting homage was paid to Our Mother of Carmel for her constant assistance to Mother Veronica our Foundress which flows on to her daughters even now. A song to Mary, games and a message from the Parish Priest added colour to the celebration. We owe our gratitude to Rev. Fr Rakesh Mathias CSsR who broke God's Word during the Eucharist - each of us has to climb the Mountain of Calvary, energise ourselves at the foot of the Cross in order to climb the Mountain of Carmel.

Sister Maria Niveditha welcomed the gathering. Sister Ivy Moras expressed sentiments of gratitude and Sister Maria Sangeetha compeered at this celebration. The programme ended with the festal meal. We thank God for this beautiful opportunity God gave us to be a part of the great Carmelite family and the great Sesquicentennial Celebrations!

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## CELEBRATIONS WITH A DIFFERENCE!

\* **Vijaymari Convent**  
*Mangaluru*

July 15 was a day of celebration of Our Lady of Mount Carmel Feast in our Bondel Parish Church. It was the feast of the Carmel ward too. So we the sisters of Maryhill, Bal Yesu Nilaya and Vijaymari Convents took the initiative to celebrate the feast. During the Introduction at Mass, the significance of the feast and the devotion to the scapular were told to the people. It was a unique opportunity for us to tell them about the 150 years of our foundation at Bayonne, France and our beloved Foundress Mother Veronica of the Passion.

During the Offertory procession scapulars were taken; they were blessed at the end of the Mass. Sisters distributed the scapulars to all those who attended Mass. After the Children's Mass they were given scapulars and ladoos too.

In the evening at 5.00 p.m. the celebration of Carmel Feast was in the Carmel Ward. Many of the ward members, sisters and Betharram seminarians gathered together in the hall at the Betharram Fathers' house. Our parish Priest Fr Andrew Leo D'Souza, Fr Leo Veigas and Fr Clifford Fernandes were present. They recalled the year 1868 when God used Venerable Mother Veronica to found a Carmel for the Missions in India.

They commended our whole hearted service in the life of the church and the liturgy. We had a day of Exposition of the Blessed Sacrament and recollection on July 9. Our ACAs were happy to have a common hour of prayer before the Blessed Sacrament where they expressed their gratitude for all the wonders God had done through the A.C. Sisters. They expressed their joy and thanked God for enlightening them to be A.C. Associates.

At Mount Carmel School the Thanksgiving Eucharist was celebrated by Fr Prakash D'Cunha OCD. The 150 lighted candles at the entrance procession carried by the students, parents and staff signified the Sesquicentennial Celebrations. On this auspicious day, the ceremonious initiation of the Carmel Blossoms was also held. At the

end of the Mass, a souvenir with a prayer to venerable Mother Veronica and the blessed scapulars were distributed.

In the afternoon the staff and students visited St. Agnes Special School to share the joy of the feast with the specially gifted children there. They entertained the students and gifted the 275 special students with stationery and the staff of Mount Carmel School contributed Rs. 1,50,000/- towards the Midday Meal of the Special School.

July 16 was a unique day. The three communities i.e. Maryhill, Bal Yesu Nilaya and Vijaymari Convents joined together to celebrate the feast. Our Tertians, ACAs, all those who come for daily Mass, children from the Vijaymari Technical Institute Hostel and Bal Yesu Nilaya and Betharram Seminarians joined us to celebrate the Thanksgiving Mass. The main celebrant was our Parish Priest Fr Andrew Leo D'Souza assisted by Fr Levin (Betharram) and Fr Ravi (Infant Jesus).

During the sermon Fr Andrew highlighted the significance of the feast and the unique contribution of Venerable Mother Veronica of the Passion. He also thanked the sisters for the help given to the Parish. Appropriate Mass Introduction and Intentions were prepared by the sisters.

After Mass there was a get-together and breakfast was served for all who were present for the Mass. Sister Assumpta the Superior of Maryhill Convent welcomed and thanked everyone and in brief spoke about the significance of the day. Thus the joy of the day was doubled as we shared with (our entire neighborhood) and all the inmates of our campus.

Indeed it was a day of thanksgiving!

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**Serve Him with one heart and one soul**

**- Mother Veronica**

## HER LEGACY LIVES ON ...

\* **Carmel Convent**

*Gangulli*

Our beloved Foundress Venerable Mother Veronica sowed the seed of the 'Apostolic Carmel' and in tears, total faith and detachment she surrendered its fruition to God.

The little sapling planted in distant Indian soil is the fruit of her selfless struggle and toil. Yes, 150 years have passed by but the legacy of her two fold spirit of prayer and zeal for the missions is indeed kept alive by the exemplary lives of our sisters who have gone before us to intercede incessantly for each one of us.

This year we as a community came together to mark this sesquicentennial occasion with special celebrations. It was a spiritual one with a combination of a fellowship, rejoicing with one another in a true spirit of prayer and jubilation.

On July 14, the whole Stella Maris School campus wore a festive look with a joyful noise of children in their colored attire. The staff of both Kannada and English Medium Schools came together along with their PTA Executive Members and the children put up a meaningful programme. All the students inclusive of those of the Parish School were given each a piece of cake and the Staff and PTA were served coffee with snacks.

On July 15, we celebrated the Feast of Our Lady of Mount Carmel at the Eucharist in the Parish. The ACAs and the Carmel Blossoms joined us in making the liturgy meaningful. After Mass, Scapulars and pieces of cake were distributed to all the people.

On July 16, the ACAs and Carmel Blossoms were present for the Festal Thanksgiving Mass in our Chapel and after Mass we rejoiced together at the fellowship breakfast. The non-teaching staff was felicitated at refreshment time. They were given a set of steel vessels in remembrance of the celebration. In the evening at tea, the five Mother Veronica Project families were invited.

The whole celebration marked the spirit of our beloved Foundress – sharing with the less privileged. It was indeed a time of

grace, a time to praise and thank God with our students and the people for the numerous blessings we have experienced these past 150 years through prayer and the selfless mission of the Congregation.

May your legacy live on, our dear beloved Mother Veronica!

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**HAIL OUR LADY OF CARMEL HAIL!**

**\* Mary Immaculate Convent**  
*Bengaluru*

‘July’ the month dear to all of us, ‘cause on the 16<sup>th</sup> we celebrate the great and memorable day in the history of the Apostolic Carmel. This year in particular, the preparation for the most awaited day began from day one. In Mary Immaculate Convent, the joyous mood for the Sesquicentennial Celebration was in full swing.

Systematic planning was done in the convent under the efficient leadership of our Superior Sister Roshan. All of us joined hand in hand to make it a successful and a very memorable one.

In the school the Eucharistic celebration in honour of **Our Lady of Mount Carmel** was celebrated in the Chapel on **13th of July**. The Carmel Blossoms along with other students organized an inspiring programme with a meaningful prayer service and a prayer dance. The stage and notice boards were decorated. A banner was put up depicting the significance of the day. A skit based on the early life of Mother Veronica was enacted imparting the message of Mother Veronica’s sacrificial life which helped her to experience ‘God as her All’. On this great occasion the Principal, Sister Maria Geethika gave an apt message bringing out the life of Mother Veronica and the 150 long years of prayer, hard work, penance and selfless service of the Apostolic Carmel. In the afternoon, a sumptuous meal was shared with the staff and ‘yummy’ sweets with the students who enjoyed them.

**On 15<sup>th</sup> July, Sunday** Fr Vijjo cmi, celebrated the Eucharist with the Parishioners. He gave a reflective homily on Mount Carmel and the importance of wearing the holy scapular. After Mass, scapulars and sesquicentennial souvenirs were distributed to them. Later a delicious breakfast was shared with all of them. Our Parish Priest and two Montfort Fathers also took part in the great celebration.

**On 16<sup>th</sup> July, Monday** we had the Solemn Mass in the morning and wished each other with a smile and yummy sweets. The whole day was festive. In the evening as in the Gospel, Jesus sent his apostles two by two to share their experience of joy with them so also our Superior and we went two by two and shared sweets and fruits with the inmates of the Rainbow Orphanage (a Home for Street Children), Mrs. Juliana (a Cancer Patient), Miss Narayani (an aged spinster) and Mr. George's family (our adopted family).

At the end of the day we were joyful for creating happy memories in the hearts of all our students, staff and in our neighbourhood.

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## **SESQUICENTENNIAL CELEBRATIONS AT ASHANIKETAN**

**\* Sister Magdaline A.C.**

*Carmel Convent, Ashaniketan*

The co-incidence of two celebrations on July 16<sup>th</sup> namely the Titular Feast of Carmel Convent, Ashaniketan on the Solemnity of Our Lady of Mount Carmel and the Sesquicentennial Celebration of the Apostolic Carmel was indeed a day to remember. We celebrated these two events with great joy to make the celebration a memorable one. We extended the celebration for four days. On July 13, Friday the campus Catholic staff and the students had the Eucharistic celebration in the Rosario Cathedral Church specially thanking the Lord for the gift of Venerable Mother Veronica. We decorated the statue of Our Lady of Mount Carmel with 150 lights and flowers. In the evening we had an hour of prayer before the Blessed Sacrament in the Parish church during which we prayed and praised Jesus for his mercy on us.

On July 14, Saturday we had a meaningful programme in the school praising Mother Mary for all her blessings on our students specially helping us to practise some of her virtues. We had a meaningful prayer service, sang hymns to our Lady and danced to the tune of one of the hymns. Students were taught to enact the scenes of the early brothers at Mount Carmel and the Carmelite heritage. Students were given sweets and a sumptuous meal.

On Sunday July 15, we celebrated the event in the Parish Church of our Lady of Rosary which has a history of 450 years, by leading the choir, Liturgy and the Offertory. During the Offertory we offered household things to be distributed to the 17 poor and needy families of our parish. On July 16, Monday we celebrated the joy of our titular feast and sesquicentennial memory together with the sisters of St. Ann's and Provincial House. We had the Eucharistic Celebrations in St. Ann's Chapel. The Chapel was filled with ACAs and sisters of other congregations, Diocesan and religious priests, guests and well wishers. The celebration was complete with a fellowship meal.

Our joy was doubled as our sisters from St. Ann's and Provincial House joined us for a high tea in the evening. It was indeed an enjoyable and a relaxing get together. We greeted each other, shared our joy with one another. The height of our festal joy culminated with our fellowship dinner with our Parish Clergy.

We had our preparations for this great event, spiritual, domestic, material, public and shared our joy with the less privileged of our locality. We thank God for our dear Foundress Venerable Mother Veronica for her loving, selfless sacrifice, the tedious journeys of founding our Congregation. May God be praised!

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## SEVA ASHRAM CELEBRATES .....

**\* Seva Ashram**  
*Pavur*

The Sesquicentennial Year of our foundation was an occasion to make our Foundress known and to invite many to join us in our prayer to raise her to the honors of the altar. We planned our celebration in three phases:

- with the children of the Parish
- with the Parishioners
- with close friends and benefactors of the Convent

As we do not have a school of our own, we thought of celebrating this unique day with the Sunday Catechism children. On

Sunday, the July 1<sup>st</sup>, we gathered them in our church mini hall after Mass. The programme started with a prayer song by our sisters, a message by Sister Evelyn Marie, making known briefly the unique call of Mother Veronica and a dance drama on her life which was enjoyed by the children. Sweets were given to all the participants at the end of the programme.

The second phase was on Sunday, 15<sup>th</sup> July. We had put up flex banners with Mother Veronica's picture and her thoughts one at the main gate and another at the entrance to the Church. The statue of Our Mother of Carmel and the frame of Mother Veronica were artistically decorated in the Church. The Eucharist was celebrated by three priests. A well prepared Introduction, Prayers of the Faithful, and appropriate hymns, all in Kannada made the Liturgy very meaningful. Light refreshments and scapulars were given to all after Mass.

On July 16<sup>th</sup> the celebration was in our convent. Our new Vicar Vara Rev. Fr John Vas offered Mass in our Chapel. Sisters of neighboring convents and a few well wishers were present for the Eucharistic celebration followed by a fellowship meal. Fr John Vas helped us with a touching message to render our thanks to God for His mercy and protection for these 150 years.

Indeed the labour of love of our A.C. sisters over a period 50 years in this locality wherein most of them are Dalit Christians has made a difference for many a family in this locality. Our humble prayer is that God may grant us the wisdom, grace and strength to be His instruments and true daughters of Mother Veronica.

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**I did not desire anything  
else but the will of God**

**- Mother Veronica**

## FOR ALL THAT HAS BEEN ...THANKS!

\* **Shanthi Nilaya**  
*Nanjangud*

“How can we thank You, Lord for this great gift of our call to the Apostolic Carmel!” We the Sisters of Shanthi Nilaya, Nanjangud celebrated the great event in a unique manner in our Institutions, the Parish and our community.

On July 13, Friday we had a meaningful celebration in our institutions. The students had the programmes in the High School, Primary and Kindergarten sections. They brought out the importance of July 16, the feast of Our Lady of Mount Carmel and as well as the life of Mother Veronica. Inspiring thoughts were depicted in the school hall and on all the school bulletin boards. On July 14, there was a Thanksgiving Mass in the parish for the students and teachers. All the teachers including our non-Christian teachers participated in the Eucharist with one mind and heart. Sweets were distributed to the students to mark this great occasion. The celebration ended with a delicious lunch for all the staff of the campus.

On July 15, the 7.30 a.m Mass was celebrated in the Church with the people. It was a Thanksgiving Mass for the 150 years of the Apostolic Carmel. The introduction was prepared in Kannada especially for the people so that they know the legacy of Mother Veronica and the Apostolic Carmel Congregation. The celebrant preached on Our Lady of Mount Carmel highlighting the devotion to the scapular. After Mass we distributed scapulars and sweets to all the people and children who came for the Mass.

On July 16, we had Mass in our chapel for which the ACAs and the parishioners were invited. There were nearly 50 of them participating in the Eucharist and in our celebration. The Introduction at Mass gave glimpses of Mother Veronica, our revered Foundress, and of the Congregation. The chapel was artistically decorated with flowers and lights. Mother Veronica’s frame was decorated with flowers. All the people appreciated the life of Mother Veronica and the great work done by her and the sisters in the field of education. Besides the ACA members we shared our joy with five poor families

by giving them a meal and other things they needed. Indeed it was a great day to remember forever the Sesquicentennial Year of our Congregation.

We pray that God may raise our Foundress Mother Veronica to a great height by granting her a place among the saints.

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## A.C. PRESENCE IN UTTAR KANNADA

\* **Carmel Convent**  
*Haliyal*

“God is in control, and therefore in EVERYTHING I can give thanks - not because of the situation but because of the One who directs and rules over it.” – Kay Arthur. It was indeed a golden opportunity to be a part of the Sesquicentennial Celebration. We were the chosen ones to celebrate it. With grateful hearts we thank our beloved Foundress Venerable Mother Veronica for her missionary zeal and determined determination to begin a Carmel for the missions, very specially for sending the pioneering Sisters to India to help the girls of the Malabar Coast. The tiny steps that Mother Veronica had taken 150 years ago in Bayonne are bearing much fruit in India. Thousands of girls have benefitted through our education for the poor, the marginalised and the socially neglected. We the community sisters of Haliyal are the privileged ones to serve the poor here. God has blessed us in abundance during the past years of our existence in Haliyal. The dream of Mother Veronica is fulfilled vividly in this area.

In honour of the Sesquicentennial Celebration we had novena for nine days. Prior to this great day, our educational institutions organised a programme for the students highlighting the life of Mother Veronica through video clippings. The students learnt more about our Foundress as we had displayed her thoughts on the bulletin boards. We were extremely happy to distribute a book on Mother Veronica to each our students.

July 16, 2018 was a long awaited day for us as we were celebrating the sesquicentennial years of our existence which began at Bayonne. We the Carmel family at Haliyal rejoiced to the full along

## Karnataka Province Resonates !!!



## Sesquicentennial Celebrations !



## Celebrations Galore....!



# Ripples of Sesquicentennial Celebrations!



## Jubilate Deo !!!



For all that has been...Thanks !



## Celebrations with a Difference !



# Glory and Praise to you O Lord !



## A Sea of Thanks !!!



## Streaks of Celebrations !!!



## Journey of 150 Miles...celebrated



## Glimpses of 150 Years !



with our staff. The Manager of the school Rev. Fr Gyan Prakash Rao appreciated the contribution of the A.C. Sisters to the Management of the Catholic Board, the school and the students and thanked us for our sincere and dedicated hard work.

On the day we had a meaningful celebration of the Eucharist at 11 a.m. in the Parish Church to enable all the parishioners to attend it. The deanery priests, religious and the ACAs were given a special invitation. Thirteen priests concelebrated the Eucharist for which a good number of people were present. The main celebrant preached on the life of Mother Veronica and highlighted her life of sacrifice, her dedication and her zeal for the Mission.

Scapulars were blessed and were distributed to all. It was followed by a sumptuous meal in the convent hall. Every good thing comes to an end so the day ended with numerous blessings and joyful memories.

Yes, we are the chosen generation, who received the opportunity to celebrate the sesquicentennial year. As Pope Benedict says “We are not some casual and meaningless product of evolution. Each of us is the result of a thought of God.” Thus we remain grateful to God for His love and mercy towards us.

On this occasion we fondly remembered all the pioneering sisters who toiled tirelessly in this remote area. Indeed they had a tough time with no electricity, very poor travel facility and many other inconveniences braved. Today the facilities, lifestyle and the standard of living of that entire area have developed rapidly on account of the presence of the A.C. sisters and the education imparted. We owe our gratitude and respect to each of them and pray eternal rest to the departed ones and peace and contentment for the rest. Their labour of love has enabled us to continue the great work which our Foundress Mother Veronica began 150 years ago.

As Charles Stanley says “Gratitude produces deep, abiding joy because we know that God is working in us, even through difficulties.” So we carry on with the abiding joy of God’s presence. May God be praised and may His love spread through us for the years to come.

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## 150 YEARS.... CELEBRATIONS AT CARMEL - PEZAR

### \* Carmel Convent

#### *Pezar*

We awaited the feast of Our Lady of Mount Carmel this year in faith and joy of our Lady as this year marked the 150<sup>th</sup> year of the foundation of our Congregation at Bayonne, France.

Here is a glimpse of the various activities conducted to mark this significant event.

On 15<sup>th</sup> July Sunday, the Holy Eucharist in the Parish was made special by the sisters and our ACAs. The sisters, together with the ACAs, Altar girls and the Parish Priest led the procession as the entrance hymn was sung. The introduction was read to highlight the importance of the celebration.

Our Parish Priest Rev. Fr Marcel Saldanha preached a beautiful and touching homily on our Lady of Mount Carmel and invited everyone to wear the Holy Scapular through which the devotion to our Lady truly increases.

One of the sisters together with the ACAs offered gifts as a symbol of our love and offering. As the final hymn was sung, Scapulars were distributed to all those who participated in the Holy Eucharist, after which coffee and puffs were served to all the parishioners.

The same evening as the clock struck 4.00, eleven ACAs beaming with joy walked into the parlour, devotedly entered the chapel and together with the whole community spent half an hour before the Blessed Sacrament. Then one of the sisters gave a short message on our Lady of Mount Carmel, after which a game and a quiz on Mother Mary were conducted. Prizes were distributed to the winners, and as a token of love a small gift was given by the Superior to all the ACAs.

As the school belongs to the Catholic Board of Education and there are only three Catholic students in the institution there was no special programme as such. But a festal treat to both the staff and the students of the High School and the Primary School was given.

In the community we had a special Morning Prayer, a good breakfast and lunch. We sent lunch to the parish priest, his sister and their domestic helper. Two sisters, who went on transfer in the month of May, were with us for tea. We were overjoyed by their presence. We enjoyed the day to the full.

We are grateful to God for the many blessings and graces that God keeps on pouring in our lives. May our beloved Foundress because of whom the world has been a better place for so many be raised to the honours of the altars is our humble prayer!

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## SESQUICENTENNIAL CELEBRATIONS AT BAL YESU!

**\* Bal Yesu Nilaya**  
*Maryhill, Mangaluru*

‘I want you in Carmel’ this still small voice which was heard by our beloved Venerable Mother Veronica to found Carmel for the mission brought into existence our Congregation, the Apostolic Carmel. It was an immense joy to share about our dear Foundress Mother Veronica, who with her undaunted courage and untiring labour of love and sacrifice, founded the Congregation. Her life itself is an inspiration to us to come closer to Jesus and to our Mother of Mount Carmel. Throughout the year we kept in touch with our Mother Veronica family, visited their houses and guided them in their family life as well as spiritual life. We also supported them financially as well as materially. In the school as a mark of the Sesquicentennial Year the following were done:

- The life of our Foundress Mother Veronica and the beginnings of our congregation shared with our students.
- Her sayings exhibited on the notice boards.
- Her virtues highlighted at the assembly.
- During Catechism class the pictorial books on Mother Veronica were given to the students and her life story was narrated. They were also asked to write out the virtues of our Foundress Mother Veronica and were encouraged to practise them.

- A competition was conducted on drawing the picture of Mother Veronica.
- Songs on Mother Veronica were taught to the students.
- Distributed towels and refreshments to the staff and students.

On July 14, 2018 we celebrated the feast of our Lady of Mount Carmel in the school in a meaningful way. We distributed items of stationery to the students. We thank the kindness of the Mount Carmel Central School who shared refreshments with our children. Rev. Fr Levin (a Betharam priest) gave an inspiring message to the students on the Sesquicentennial Year.

On July 15, we the sisters of the four convents namely, Maryhill, Vijaymari, Jyothi Nivas and Bal Yesu Nilaya joined the Carmel ward in celebrating the feast of our Lady of Mount Carmel in the Parish, amidst the people of God. Sisters took an active part in the Liturgy. Scapulars were distributed to all the parishioners and sweets to the children of the parish.

The dawn of July 16, made us so joyful and enthusiastic about the Sesquicentennial Celebration. The three convents came together for the Eucharistic celebration in Maryhill Chapel. Rev. Fr Andrew Leo D'Souza the Vicar of our parish was the main celebrant and two other priests joined in con-celebrating. Our Vicar preached a meaningful homily. After Mass, along with the A.C Associates, the Sisters of other religious congregations of our parish, the Betharam fathers and brothers, the Vijaymari students, and all those who attend the daily Mass came together for a sumptuous breakfast in the Presentation Convent, Maryhill. We also shared our festal joy with our children in the Children's Home by sharing with them the fellowship meal in the evening.

The adopted families in honour of our Venerable Foundress Mother Veronica joined us for the celebration. Thus the joy of Sesquicentennial Celebration doubled our joy with our children in the Children's Home and the neighboring communities and families.

Mother Veronica was filled with ardent zeal to found a Carmel for the missions. May she intercede for us her beloved daughters to work selflessly for the spread of the values of His kingdom on this earth!

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## CELEBRATIONS - A GLANCE AT M.N. & C.N. - BIDAR !

\* **Maria Nilaya & Carmel Niketan**  
*Bidar*

The feast day of Our Lady of Mount Carmel was celebrated in Carmel Vocational Training Institute on July 14. Sister Freda the Joint Secretary was the chief guest for the programme. She spoke to the students encouraging them. The students then acted out an inspiring skit and enlightened all about the protection of Our Mother of Carmel and the devotion to the Scapular. The programme ended with a fellowship meal together.

The celebration with the parishioners of St. Joseph's Church, Bidar on July 15, at the Sunday Eucharistic Celebration was made grand and meaningful. The Sisters, children of our four hostels, staff of our institutions all in unison took charge of the Liturgy, and the singing. The whole church resounded with the praises raised to the Holy Trinity for the 150 years of the Apostolic Carmel, bequeathed to us by our Foundress Venerable Mother Veronica. Gifts of grains, cereals, fruits, vegetables, Scapulars with the wine and the hosts were taken in procession by all of the sisters. The Parish Priest preached an appropriate homily highlighting the day's theme. The sisters were honoured by the Parish with a red rose each. A crisp samosa after Mass offered by the community was a satisfying treat for all.

The feast day of the Mother of Carmel on July 16 was celebrated by the community with the campus hostellites and the Carmel Niketan community with Holy Mass in the morning.

The lunch time was a unique occasion for a fellowship meal arranged by the community together with our sisters of Carmel Niketan and the three families who supported our pioneering sisters and continued their goodwill toward the sisters later on too. We lifted them up to the Lord with a thanksgiving prayer before the meal. In the afternoon Sister Freda our Superior along with another Sister went around into the alleys and byways of Bidar and spotted out 25 beggars and provided each of them with a packet of chicken Biriyani and a Banana. The family adopted by the community too was reached out in this manner.

July 19 was a special day that marked the Sesquicentennial Celebration of the Apostolic Carmel in Bidar. It was a joint venture of both the communities – Maria Nilaya and Carmel Niketan, Jamgi Colony.

Rt Rev. Robert M. Miranda, Bishop of Gulbarga Diocese was the main concelebrant with 22 other priests of Bidar deanery and a few from the Bishop's House at the Holy Eucharist. 35 Sisters from other congregations attended the celebration along with our ACAs, Staff from our Institutions and Diocesan Institutions in the campus, students from our four hostels, boys from the Diocesan Hostel and others, about 450 in number. The venue of the celebrations was the hall in our D.Ed College. It was befittingly arranged for the occasion. Mother Veronica's portrait kept on the side of the altar was garlanded by the Bishop at the end of the entrance procession. The introduction at Mass, the Bishop's homily and his words of felicitation to the Apostolic Carmel and the A.Cs who pioneered the Bidar Mission and are continuing the mission selflessly, well conveyed the significance of the day.

The entire congregation repeated after the Bishop, a prayer for the beatification of Mother Veronica. After Mass, a well laid table for the clergy and the sisters in particular and for all those present, was enjoyed by them to their hearts content. A Souvenir containing a gist of the A.C. history with Mother Veronica's picture and the prayer for her beatification was distributed to all those who shared in our joy.

Indeed the entire vicinity of the two convents and campuses wore a festive look, festive glow and a festive smile on the little ones and big ones with a note of thanks to the Apostolic Carmel Sisters and to Mother Veronica – our Beloved Foundress, but for whom this little part of Bidar would have remained yet, just a village!

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**Be faithful to the grace  
which our Lord gives you  
- *Mother Veronica***

## A SEA OF THANKS ...!

\* **Sister Maria Anita A.C.**

*Yesu Prem Niketan*

“A whole eternity will not suffice to render Him thanks for the inestimable, unspeakable gift He bestowed on me. It was indeed the gift of faith – and what faith! I trust to carry it intact before the throne of God for all eternity” (A Life in Letters page. 39). The founding of the Apostolic Carmel Congregation on 16 July 1868 at Bayonne, France was the flowering of this inestimable, unspeakable gratitude for the gift of faith Mother Veronica received on the day of her Baptism February 2, 1850. Truly, it is but fitting, just and right to give thanks to God and celebrate the 150 fruitful and grace filled years of the existence and the spreading far and wide of the Apostolic Carmel.

We at Yesu Prem Niketan had the celebration of this unique and significant event spread out for 4 days. July 13 and 14 were allotted for the Institutions, July 15 for the parishioners in the Parish Church and July 16 for the community.

**July 13, Friday:** The staff and students of St. Agnes Special School and the TTI celebrated the day with the Eucharist in the Convent Chapel. The Special School children actively participated in the liturgy including the singing of the Psalm. A group of students from Mount Carmel Central School, Maryhill and the children of the Special School had a combined programme in the Special School Hall, in honour of Our Lady of Mount Carmel and Mother Veronica. The special children did the prayer dance and children of Mount Carmel Central School presented a meaningful skit with an appropriate message. They distributed sweets, note books and items of stationery to the children of the Special School and offered a generous gift of Rs.1,50,000/- towards their midday meal expenses.

Yesu Prem Niketan Community sponsored a festal meal to all the staff and students of the Special School and the staff of the TTI. The tiny tots of St. Agnes Preparatory School on the campus had a nine- day novena in preparation for the feast and on 13<sup>th</sup> they enacted a skit on Our Lady of Mount Carmel, presented a dance and a song

on Mother Veronica highlighting the significance of the day's celebration. Sweets were distributed to all the children.

**July 14, Saturday:** The senior TTI students presented a short programme for the Freshers and the Campus staff. They enacted a skit on Mother Veronica and screened a video on Mother Veronica, with extracts on the mission and the charism of the Apostolic Carmel. The students of TTI as well as the hostellers were given tea and snacks to mark the day.

**July 15, Sunday:** We celebrated the Liturgy of the Sunday Eucharist in the Parish jointly with St. Agnes Community, at St. Sebastian's Church, Bendore. The flower vases at the altar gave a festive look. Mother Veronica's portrait was beautifully decorated with the wordings 'We thank the Lord for you'. The sisters from both the communities participated in the entrance procession and in the choir. The Introduction at Mass was given by a sister of St. Agnes Community highlighting the significance of the celebration giving a glimpse on the founding and spread of the Congregation. At the end of the Eucharist, Scapulars and sweets were distributed to all.

**July 16, Monday:** As St. Agnes Community organized celebration on a grand scale, inviting priests, sisters of neighbouring convents, ACAs and well wishers, we at Yesu Prem Niketan had a small gathering of our hostellers who joined us for the solemn festal Mass in the morning. Fr Patrick Lobo ocd was the main celebrant and Fr Anil Pinto, the Assistant Parish Priest was the concelebrant. The priests, and the sisters residing in our hostel joined us for breakfast.

The adopted family of seven members was invited for tea. They were taken to the Chapel for prayer and were briefed on Our Lady of Mount Carmel and our Foundress Mother Veronica. They were very happy and expressed that this was the first time they were invited and given importance.

We have planned to publish a series of articles on Mother Veronica in Konkani in the local magazines. As an incentive a prize will be announced for the winners of the Quiz/Cross Word Puzzle at the end.

Indeed we are the fortunate ones to celebrate this event. May God grant us the joy of seeing our foundress Venerable Mother Veronica raised to the honours of the altar!

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**VERONICA OUR FOUNDRESS DEAR....**  
**WE CELEBRATE YOU!**

\* **Sister M. Henrita A.C.**

*Yesu Kripa, Shimogga*

**Mother Veronica's** call to Carmel was an experience of the Cross. The fruit of her deep faith in Christ led her to surrender herself to the will of God. That's why she could say "Obedience is my life." Throughout her life she embraced the Cross.

A call within the call, "I want you in Carmel", "Carmel for the Mission" and "I am destined for India"- these were the urges within Mother Veronica that made her give herself through a total offering of self along with intense prayer and sacrifices, amidst misunderstandings, difficulties, ill health and rejection. She pushed through all the barriers to achieve the goal set before her. She knocked at the doors of Bishops and priests. At last God opened the door of His heart at Bayonne and welcomed her to start the Third Order of Carmel later known as the "Apostolic Carmel" Her joy knew no bounds. An old rickety house she made it fit for the Lord and his brides - the fruit of our Mother's toil and labour. July 16, 1868 dawned as the Red Letter Day for the little band of the five Apostolic Carmel sisters.

Now we have reached the climax of 150 years!

Our Superior General Sister Susheela with her team chalked out a three-year programme:

An hour of prayer, before the Blessed Sacrament, along with fast every Monday, offering it for a first class miracle. Sister Vincent's book, with reflections and prayer to be used for prayer. From the Spirituality Centre we received food for thought at prayer and for the Community renewal. Sisters Liceria and Olivia had done their best to help us delve deep into the life of our Foundress Mother Veronica. 150 houses to be built for the poor and homeless; planted 150 saplings in our compound and school, and to study the life and letters of Mother Veronica for the quiz. Quiz Masters, a feather on your caps! Thank you Sisters!

### **Celebrations in the Community, Parish and Institution levels:**

With the initiative of our Superior Sister Supreetha we prepared leaflets in Kannada with the life of Mother Veronica printed in brief and the Prayer to obtain favours. The four of us visited three Parishes to make our Foundress Mother Veronica known.

To celebrate the 150 years of the Apostolic Carmel, the ACAs were called on July 7, 2018 for a spiritual preparation and renewal of their Commitment. Fr Wilson ocd gave a talk, heard their Confessions and conducted the Holy Hour.

How good and delightful to see sisters work all together! There was great excitement on July 14, as we after supper joined together to prepare packets of snacks and mementos ward wise.

On July 15, 2018 the celebration was in the Parish. Each family received a memento with the picture of our Mother of Carmel on one side and of Mother Veronica on the other side with their sayings printed. 600 Scapulars and sweet packets were distributed to the parishioners.

On July 16, 2018 the Eucharist was celebrated in our Chapel at Yesu Kripa for which the ACAs were invited. They joined us for breakfast. It was a day of great joy sharing our happiness with the sixteen members.

The life of Mother Veronica was shown through an LCD projector and her life was explained to all the students and Staff. On July 17, the students prepared a programme on Mother Veronica during which they sang a song on Mother Veronica. During the prayer service they prayed for the sisters of the Congregation. Sweets were distributed to the students and a 'High Tea' given to the Staff.

Indeed we are the lucky ones to have had this opportunity to celebrate this event. Yet we await for another significant event, to see our Foundress declared Blessed. She, who has risked her all and given her all, well deserves the honours of the altar. We await the dawn of that great day!!!

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## CELEBRATIONS OF TWIN EVENTS!!!

\* Carmel Nivas Convent

*Bailhongal*

It was a great day to celebrate, to thank the Lord and a great day to share and express our joy with one another as we celebrated the two events: the Feast of Lady of Mount Carmel and the Sesquicentennial Year of the Apostolic Carmel. It was a time for us to remember that we are a link in a long chain... of the Apostolic Carmel, of course more widely in the local church, society and school.

There is a saying “Celebration happens when the minds and hearts unite together” and Carmel Nivas, Bailhongal community witnessed such a celebration working hand in hand with love and joy giving their whole hearted cooperation. July 15<sup>th</sup> 2018 was the day. All the sisters of the community were in full swing to help in the chapel, kitchen and to decorate the hall. The Statue of our Lady of Mount Carmel and the portrait of Mother Veronica were decorated and well-placed in the sanctuary. The 150 lighted candles on either side of the sanctuary reminded us of the fervor of our Foundress and of the pioneering sisters who struggled to keep the light of the Congregation burning.

The arrival of Priests, Sisters of other Congregations, the ACAs, parishioners, staff and well-wishers doubled our joy of the celebration. The celebration began with the Solemn Eucharist at 5 p.m with Fr Roshan Santhumayor as the main celebrant concelebrating with seven other priests. The choir of sisters sang appropriate hymns, to add to the melody of two young boys who played the musical instrument. The homily highlighted the different aspects of Mother Mary’s life and our Foundress Mother Veronica’s love for the Eucharist. The ACAs joined in the offertory procession with their gifts. Before the final blessing the priest blessed the scapulars which were distributed to all.

After Mass all of us gathered in the school hall for a short cultural programme. To mark the significance of the day and share the joy of the 150 years, a handmade flower prepared by the Special Children with the message of Mother Veronica attached was offered to the people by the sisters. A play on Elijah’s vision in Kannada was

enacted by the Special School children and life of Mother Veronica was dramatized by the students of Carmel Vidya Vikas School. The students' performance was very effective and enriching. People encouraged the students with a loud applause and expressed their appreciation. Thereafter a quiz on the Life of Mother Veronica was conducted for the parishioners. In preparation 40 questions were given to them a month ahead. Ten families enthusiastically came forward to participate in the quiz. Questions were displayed on PPT and it was conducted creatively. The families had really taken trouble to learn. The winners were given prizes and all the participants were gifted with a Rose sapling.

With the initiative of one of the school teachers the meal was cooked in the convent. The sisters worked hard in cutting vegetables, peeling onions and garlic, making fire, washing vessels and keeping ready, vegetarian and non-vegetarian counters. Sisters and the staff members joined together and served food. All had a very sumptuous meal. Finally the helpers of the school and sisters did the washing of plates and vessels. As we dispersed, everyone's heart was full of joy and happiness. We thank the Almighty for the bounteous blessings and say:

*“Coming together is a beginning  
Keeping together is progress  
Working together is success” by Edward Everett Hale*

16<sup>th</sup> July 2018 was unique for all of us because it was a double celebration of the School Feast and the 150<sup>th</sup> year of the Congregation. The staff and students along with the staff and students of the Special School put up a grand programme presided over by Rev. Fr Solomon Reddy. We distributed sweets to all.

On 16<sup>th</sup> July at 4 p.m the staff and the members of the School Cabinet visited the School for the Blind in Belgaum. There were 130 inmates. We were sorry to see them but at the same time surprised to know that they are gifted with many talents like music, computer, sports and doing things just like normal children. Our students made known to them Mother Veronica's life in a story form and conducted a quiz. It was amazing to see them answering all the questions. Then

we distributed soaps and gifted a carpet for their dining hall. They sang a few songs with musical instruments.

Yes indeed the twin celebrations at Bailhongal brought so much joy, contentment and bonding not only in the campus but also in the neighborhood and among the parishioners. It also facilitated an unforgettable experience of being with the blind children and the realization to thank God for the gift of our eyes and the power of vision. Blessed are our eyes that got the chance to participate in this unique Sesquicentennial Celebrations!

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## **RIPPLES OF TWIN EVENTS!**

**\* Carmel Nivas**

*Lingsugur*

### **Celebrations!!! Celebrations!!! Joyous and Hearty Celebrations!**

It was truly an awesome occasion. Our hearts were longing to behold our inner joy in celebrating the Sesquicentennial year of our Congregation.

Joy can be expressed through smiles.  Our smiling band of ten sisters toiled day and night planning under the guidance of our mentor, our Superior, Sister Juliana Mary. A month's preparation went on in initial planning, editing and deleting from the programme list for the Twin Celebration i.e. Titular Feast of our Convent Carmel Nivas and rejoicing with all in celebrating 150 years of the foundation of our Congregation on July 16. The sisters were given responsible tasks to be fulfilled. Each one went on quietly doing her duty. Invitations were sent to priests and religious of the three deaneries namely, Lingsugur, Raichur and Sindanoor. They and the parishioners, the people of our two mission stations were our esteemed guests.

It was a triple day celebration beginning from **July 14, Saturday**. A joint programme was displayed by the students of our school with the guidance of their teacher Sister Renita Fernandes. The significance of the Feast of our Lady of Mount Carmel and the pioneering struggle of Mother Veronica in finding the Congregation were highlighted. A meaningful prayer service, gems of Mother Veronica, a skit on our Lady of Mount Carmel and a short play on Mother Veronica, songs on Mother Veronica and a variety of items were the enjoyable moments as we watched the children’s performance. On this occasion sweets were distributed to all the students.

On **July 15** preparations for the next day were done by the School staff and sisters. We started with the practice of hymns for the Eucharist for which all the staff members including the non Catholics joined the choir. Then the school hall and the premises were decorated for Mass and the programme to be followed. The final preparation was cutting of vegetables for the following day’s meal! **“Union is strength! Union brings success.”** Hand in hand all the work was perfectly planned and executed.

The long awaited day **July 16 2018!** The day dawned bringing joy, hope and laughter on our faces. At 5 a.m we began with a special Morning Prayer ending with the Devotional Renewal of Vows. We offered our prayers of thanksgiving to the Almighty for the precious 150 years and for the path of journey of our Foundress Venerable Mother Veronica to found the Apostolic Carmel. We joyfully remembered the early struggles of our pioneering sisters, enthusiastically celebrated the present joy and confidently embrace the future trusting in God’s providence.

Then each one went to her assigned work, be it in the kitchen or arranging flowers or seeing to the Liturgy, the programme or the food & refreshments etc. At 10.30 a.m guests started arriving. Most Rev. Henry D’Souza, Bishop of Bellary was the main celebrant. The celebration began at 11.00 a.m with children leading the procession and the melodious singing of the choir consisting both of Catholics and non Catholics. There were 19 priests who concelebrated, ten sisters of five other Congregations namely St. Ann of Providence, Charity, Cluny, J.M.J and Holy Cross and around 200 people of our parish and

mission stations were present for this occasion. After Mass, our Bishop Most. Rev. Henry D’Souza, the Dean of Lingsugur, Fr. Herald Pinto and Fr Charles D’Souza who was a pillar of our convent when we started it, were honoured with a shawl, garland and a memento. All the priests and sisters were honoured with a rose and a memento. The people who were present for the celebration were given a small frame of Mother Veronica as a memento and a key chain. Scapulars were blessed and distributed.

A short programme to entertain the guests as well as to make known our foundress and the Congregation was arranged - a welcome dance by the students, an L.C.D display on the life of Mother Veronica highlighting the Vision, Mission and Charism of the Congregation ending with honouring Mother Veronica with a Bartnatyam dance and singing her songs.

Our sisters and the staff were the caterers at this Jubilee celebration. (It being a remote place, there are no caterers here). Two different shamianas were put up, one for the people and another for the priests and sisters. A sumptuous meal, sweet, fruits and ice-cream were served. At the end the staff and the sisters enjoyed the food together.

We thanked our Heavenly Father with joy in our hearts for giving us this event of celebrating 150 years of our Congregation and the Titular Feast of Carmel Nivas. Praised be to Jesus who speaks to us through our Foundress Mother Veronica that God Alone is Sufficient and that we can do all things with Him and through Him!

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## JUBILATE DEO ..... AT JYOTHI NIVAS...!

\* **Jyothi Nivas**  
*Jyothinagar, Mangaluru*

**Preparations! Preparations! Preparations** for the Sesquicentennial Celebration of the Apostolic Carmel which has spread far and wide, in every nook and corner of our country.

The spirit of the celebrations touched the core of our being, sufficiently motivated us and greatly urged us to familiarize ourselves with the life and sanctity of our beloved Foundress. We had shared the glimpses of her life with the people of the Infant Mary Ward of St. Lawrence Church, Bondel during the S.C.C. meeting on 8<sup>th</sup> July. To mark the celebration of 150 years, the meeting was held in the convent after which we served refreshments to them. They were happy to know about the life of our foundress and expressed their belongingness to us.

On 14, July we had a programme with a Tableau, a dance and songs to depict the Carmelite heritage and the life of Mother Veronica to our staff, students, parents and well wishers of our locality.

It was a joyful and a prayerful experience to celebrate the Sesquicentennial Year with a Thanksgiving Mass at St. Lawrence Church, Bondel in unison with the communities of the Presentation Convent, Maryhill, Vijayamari Convent and Bala Yesu Nilaya. This really strengthened our bond of unity and togetherness.

The Introduction for the Eucharist was effective, giving a vivid picture of the Carmelite Traditions. After Mass scapulars were distributed to all. After the Children's Mass, scapulars and laddoes were distributed.

On July 16, the Eucharist was celebrated by Rev. Fr Grafan O.P. for which our four adopted families and staff members were invited. It was a loving and an enriching experience ending up with a fellowship meal. During the Eucharist and before meals we had the opportunity to share the highlights of Venerable Mother Veronica specially the challenges and God's intervention in her life. It was a happy and memorable day. We wish and earnestly pray that she may be beatified very soon.

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## 150 YEARS ... CELEBRATIONS WITH A DIFFERENCE!

\* **Anugraha**, Bellari

Celebration! Celebration! Celebration! Of 150 years in three days in three places and with three types of people. First in the

PARISH, second in the campus with DIFFERENTLY ABLED CHILDREN and the third in DAYA KENDRA – with the people with leprosy. Indeed we were a specially privileged community to have such a special opportunity to celebrate 150 years of a memorable event of our congregation. We celebrated in the parish on July 15<sup>th</sup> Sunday with high Mass, the Parish Priest being the main celebrant. We had given the introduction for Mass the History of the founding of our congregation. The life of Mother Veronica our Foundress and all the hardship she went through in founding our congregation and the significance of the feast of Mount Carmel. At the end of Mass for 20 to 25 minutes a documentary was screened on the life of Mother Veronica. All the parishioners were given a Blessed scapular and a picture of Mother Veronica. Nearly 170 people were present for the celebration. They were served breakfast - Idli - chutney; vada – sambar and tea. All were happy and enjoyed to their hearts' content.

On the 16<sup>th</sup> we had High Mass celebrated by our chaplain and parish priest Rev. Fr Ponnuswamy in our chapel and shared our festive meal with our adopted and two families of well wishers.

In the evening we went to DAYA COLONY. There were nearly 125 people - children, youth, adults, men and women. We spoke to them about Mother Veronica and about our Congregation and the importance of the celebration and distributed buns and plantains. The youth group of “CHRIST WITH US” helped us in the distribution.

On the 17<sup>th</sup> we had the celebration in the school with our DIFFERENTLY ABLED CHILDREN and STAFF. We played music and balloon game which they enjoyed the most. They were given cakes and lime juice which they relished and were happy. In the evening the staff members were given a good treat.

May our Mother intercede for our mission and may it be blessed and flourish like a small mustard seed sown in the soil that grows into a mighty tree to give shelter to many more Differently Abled children. May our Foundress Mother Veronica be raised to the honors of the altar is our earnest prayer.

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## CELEBRATIONS - A FLASH BACK AT JAMGI COLONY!

**\* Carmel Niketan**  
*Jamgi Colony, Bidar*

Gratitude overwhelms in the heart of every person in this Jamgi colony for it is because of the presence of the Apostolic Carmel sisters residing in this colony that has made a difference to the families who had embraced Catholic faith very recently. Their all-round development specially the strengthening of their faith has been the main concern of the sisters of Carmel Niketan.

As the community is small in number a combined mega celebration for the campus of Maria Nilaya Bidar and Carmel Niketan colony was done on July 19. Rt Rev. Dr Robert M. Miranda, Bishop of Gulbarga Diocese with 22 other priests of Bidar Deanery concelebrated the Thanksgiving Eucharist. 35 Sisters from other congregations attended the celebration along with the ACAs, Staff from our Institutions and Diocesan Institutions in the campus, students from our four hostels, boys from the Diocesan Hostel and others about 450 in number. The venue was D.Ed. College hall. Definitely it was a unique experience!

We shared our joy of the Sesquicentennial celebration with 300 women in the month of March by showing a video on the life of Mother Veronica and honoring her photo with a garland. In the month of June, in honor of the Sesquicentennial Year we gave books, bags, stationery to the students; the needy ones were helped to pay their school fees as Mother Veronica was keen in giving education to the children.

In July, the month of Our Lady of Mount Carmel we the sisters of Carmel Niketan celebrated the Sesquicentennial Celebration of Apostolic Carmel along with the people of the Jamgi Colony with a Solemn Mass. Before Mass we gave the History of the Congregation and its humble beginnings. The Mass was celebrated by Rev. Fr Vijayraju SJ, who stressed on the 150 years of the faithfulness of Christ and the tremendous service of the AC Sisters all over the world especially in Bidar.

In the beginning of the Sesquicentennial Year we had adopted six poor families from six villages. On July 15, we invited them and provided them with a sumptuous meal for which they were very grateful. The staff of Carmel Seva Trust helped us in this our task.

Indeed a little portion of the under developed Bidar has seen better days and thousands of families have raised their standard of living just because of the presence of the A.C. sisters. So every heart at Bidar has a whisper of gratitude to Mother Veronica!

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## THE PROVINCE CELEBRATES THE JOURNEY OF 150 MILES ....

**\* Provincial House**  
*St. Ann's, Mangaluru*

‘And we know that all things work together for good to them that love God’ Rom. 8:28.

It was April 15, 2018, a day of rejoicing for multiple celebrations that coincided at the Province level – Provincial Superior’s Feast day, Province Day, Election Anniversary celebrated at the Province level, Jubilee Celebrations and the most important, the Sesquicentennial Celebrations at the Province level.

The day began at 9.30 a.m with a Solemn Thanksgiving Mass specially to thank God for the precious gift of a daring daughter to Mother Church Venerable Mother Veronica and also for all other intentions. Rev. Fr Vijay Machado was the main celebrant.

The entrance procession represented by the Superiors of each Convent and in case of her absence a representative with a rose placing it in a vas placed before the Altar was a very heartwarming tribute to our beloved Foundress. The Liturgy and the singing were seen to by the Sisters of St. Agnes, St. Joseph’s, Kundapur, Carmel, Gangulli and St. Maria Goretti, Kemmannu. Around three hundred sisters joined in unison in praise of God for all the wonders He has done for the Apostolic Carmel.

After a welcoming refreshment the sisters assembled in St. Ann's High School Hall. The stage backdrop was artistically prepared by the sisters of Carmel Convent, Ashaniketan. The Apostolic Carmel buds – our novices together with the Community of Stella Maris had a unique welcome and prayer. The sisters of St. Mary's Convent, Marjil were ready with the greetings in a song and verse to greet the Provincial Superior for her feast. St. Cecily's Convent had a unique display of six wine jars of the 'Cana Wedding' comparing them to the Provincial Team thanking and praying for each of them.

Next was paying tribute to and greeting the Jubilarians – Platinum, Gold, Ruby, Silver - all in one – those present and the absent ones. This was seen to by the sisters of Ladyhill community expressing their appreciation for each Jubilarian and her contribution. The Floral Crook – reminding the Provincial Superior of her task of shepherding came from the sisters of Yesu Prem Niketan. Sister Maria Philomena compeered the programme and Sister Rose Agnes proposed the vote of thanks.

A play on Mother Veronica 'Uncompromised Commitment' enacted by our sisters for 45 minutes was the climax of the day. The same was to be enacted for the Sesquicentennial Celebrations at Bengaluru by the Karnataka Province. It was a deeply moving display and many of the sisters shed tears while viewing it in the hall. Sister Clarice A.C who was the brain behind this 'One Act Play' deserves our Kudos.

On July 14, 2018 there was a Solemn Mass in the Rosario Cathedral wherein our pioneering sisters were welcomed by Bishop Marie Ephrem in 1870. On July 15, the sisters joined the campus staff and Sister Rose Agnes A.C in the absence of the Provincial Superior welcomed them about 200 in number. A short documentary prepared by Sister Rose Agnes was presented to them after which all partook of the sumptuous meal. On July 16, all the three convents –the Provincial House, St. Ann's Convent and Carmel Convent, Ashaniketan had a combined celebration – a Thanksgiving Mass with eleven priests concelebrating followed by the festal meal. All the three communities and the ACAs of both the Convents dined together with the priests, Rev. Dr Peter Paul Saldanha, the Bishop Elect joined the fellowship and enhanced our joy. It was a unique and a warm celebration.

An article giving publicity to our Foundress was written in Kannada and Konkani and was published in 'Rujaichi Laram' a monthly magazine of the Parish and in the Kannada Daily 'Prajavani'; a documentary of 7 minutes in Konkani, Kannada and English was prepared and hosted in the Province website and also emailed to the convents for their use.

The Apostolic Carmel definitely needs to keep step with the time and raise the standard in the field of education and other apostolate and much more in the dialogue of life and life's witness. May Mother Veronica, who has spent her all, intercede for us and may all the 'Keepers of that flame' lit by Mother Veronica be blessed by the Lord.

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## GLIMPSES OF CELEBRATIONS AT PAU

**\* Sisters Carmel Rita, Marie Lucy and Daisy**  
Pau, Pilgrimage Trio

'In His time, God makes all things beautiful'

It was a wonderful experience for us, the CCR and AC sisters to stay together and walk together in our pilgrimage to the holy places, especially to the place where the Apostolic Carmel was born 150 years ago. At every turn we fondly remembered and thanked God for our Foundress, Mother Veronica, who was and is the binding force among us. May God be praised for our rich experiences we had together. We wish to recall and share the special graces we received during this journey.

We met our 'God of surprises' as we were welcomed by our sisters at Pau with utmost warmth and we were directed to stay with certain families, for lack of place in the convent. The families we lived with were very loving and kind towards us, though we were strangers to them. We felt blessed to walk the path where our holy Foundress had walked years ago and to see **the very room Mother Veronica had spent hours** in uniting herself with God, in deep prayer, before her final home-going.

**To be at the grave of Mother Veronica!** This was one of the very touching moments as our Superior General dear Sister Susheela and Mother Francis, the Mother General of CCR knelt and prayed at the grave of Mother Veronica. As each of us in turn kissed the hallowed ground, we prayed for the two congregations, that we be united in love and prayers, as daughters of Mother Veronica.

We felt the spiritual presence of our holy Foundress at the Cloistered Carmel, Bayonne as **three Carmelite congregations came together** at the place where the foundation was laid. After the warm welcome and joyful interactions among us, we sang the 'Flower of Carmel'. We shared our love and laughter during the high tea arranged in the Cloistered Carmel, Bayonne. Though we were unable to understand French, we raised our hearts to God in gratitude during the solemn Vespers conducted by the cloistered Carmel sisters in their chapel.

### **July 16, the day of Celebration:**

This was a memorable day for all of us. It began with the solemn Lauds of the Feast of our Lady of Mount Carmel. We recalled to mind the hard labour, the pain, the toil of our revered Foundress Mother Veronica and thanked God for giving us such a Mother, as our Foundress. The Solemn Mass was celebrated at St. Therese Church, Pau. The decorated traditional umbrellas and the lighted coloured lamps and the incense, were part of the entrance procession. Sister Vinaya in her Introduction for Mass gave the whole history of the congregation and the purpose of our gathering. The Indian 'Arathi' during the Doxology was well appreciated by the people of Pau. The Bishop of Bayonne, several priests and two hundred and more parishioners, shared in our joy with their loving greetings and the festive meal.

**The Relics!** The foot of St Teresa of Avila, the right arm of St Francis Xavier, the tongue of St Antony, the finger of St Thomas, the chains which bound St Peter were some of the relics which evoked a response of faith in each one of us. As we climbed the holy steps on our knees, at the church of Jerusalem, in Rome and kissed the nails, the thorns of the crown of Jesus, the wood of the original cross, we united ourselves with the passion of Jesus, which was one of the favourite devotions of Mother Veronica.

**The visit to the four Basilicas!** We felt blessed to offer our prayers at the four Basilicas in Rome, namely, St. Peter's Basilica, St. Paul's Basilica, Mary Major, and St. John Lateran. We were grateful to God for the opportunity to see Our Holy Father, Pope Francis, (from quite a distance), and to participate in the Holy Eucharist at St. Peter's Basilica. Tre Fountana, the place where St Paul was beheaded, brought tears into our eyes and at the same time we prayed for the grace to be witnesses for Jesus in our lives, till the end.

**The visit to Lourdes and Fatima and the places of Saints!** Our participation in the candle light procession, Rosary and the Eucharistic celebration at Lourdes and Fatima, along with the thousands of faithful, made us feel the presence and intercession of our Heavenly Mother, even in our modern times. We also visited Alencon, the birth place of St. Therese, Assisi, where St. Francis had lived and where St. Bernadette grew up, Fatima where the three shepherd children had seen Our Lady, Nettono, where St. Maria Goretti was murdered. The lives of these saints came alive as we touched the soil where they lived.

We thank God Almighty for this opportunity - to be a part of the Sesquicentennial pilgrimage group. Our heartfelt thanks go to the Superior General and team, who planned every step of this pilgrimage so meticulously. We pray God's blessings on our Provincial Superior, her team and every sister of our Province and our Congregation.

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## QUIZ FEVER!!!!!!!!!!!!

**\* Sister Nirmala Francis A.C.**

*Provincial House, St. Ann's*

Hay fever, Exam fever, but Quiz fever, really unheard of! Where was this fever? Restricted to any Region or State? Did the epidemic spread? Yes, it was wherever the Apostolic Carmel sisters were! All over India, Sri Lanka, Pakistan, East Africa, Kuwait, Bahrain, Pau, Rome and Genoa!!!!

How did it start? Was it a bacteria or a virus that caused it? Oh! No! None of these! Then what?

It was our Superior General who ignited the flame of enthusiasm through her Notice No. 4/2017 as early as 07.11.2017. Some slumbered at the beginning as March was still four months ahead.

But the fever gained momentum slowly and steadily; question papers prepared group-wise, community-wise and xeroxed – portions read and re-read; free time and meal time- no time spared for any other topic but Mother Veronica- where she went, when she went, what she did and whom she contacted! No other entertainment or distraction but individual study and group study - all monitored meticulously! Some needed extra coaching and tutoring - so late hours of study too!

Lo! The question paper bundles arrived by mid February 2018! Quite bulky, creating butterflies in the stomachs! The custodians kept them safe under lock and key for they had to be opened in the Examination Hall only on 15.03.2018 strictly at 7.30 p.m. neither a minute before nor a minute after.

The fever started gripping in heaps and bounds leading to sleeplessness in some and disturbed sleep in some. Dreams – pleasant and unpleasant in galore! One dreamt that the Provincial House had secured the first place!!!!!!! And another, a custodian dreamt that on opening her cupboard on 15.03.2018 found the question paper bundle missing! Was there any leakage of the precious paper? She searched high and low, sweating profusely for how could she face the eagerly awaiting sisters as the clock ticked 7.30 p.m.? Poor dear, got up with such a shock of her life to find that it was only a dream; she grinned out of sheer relief!

At last the day dawned: 15.03.2018! For some a long awaited day and for others a dreaded one! Solemn intentions were made at prayer – thanking God for the occasion given to make a deeper study on the Life of our Foundress, for the bonding experienced with all the sisters of the Apostolic Carmel going through the tension and the excitement of answering the QUIZ!

Prayer was scheduled early followed by supper which was gulped down fast. All walked holding on to papers for the final glance and brushing over the answers.

Five minutes to 7.30 p.m.! The dreaded bell rang – a sinking feeling in the stomachs! Strict instructions were given to keep aside all books and papers and to enter the ‘Hall’! No answer sheets were needed for they had to be written on the Question Paper itself. Pens! How many? 2-3. Perfect silence prevailed. Hearts thumped out of fear.

The clock struck 7.30 p.m. The bundle was solemnly lifted and cut open- and out came the papers. Oh! The number of question papers! What do they contain? ‘Sh... silence – no talk, no whispers in the Examination Hall’. All obeyed! For Obedience was her life, we had read and so had to practise it!

The Paper with the Instructions was read – what to do and what not to do. All ears glued in perfect attention;

Paper 1: Match the following: No sooner was the Paper placed on the table than came down all the heads- screaming and shouting out to match as fast as they could;

Paper 2: Crossword Puzzle – a joyful task done quite fast!

Paper 3: Quotes! Oh! Dear! Not one could be remembered! Neither scratching heads nor breaking them was found to be helpful. Some quotes were filled to accuracy while others turned out to be our own quotes! Sweating once again as time seemed to pass swiftly!

Paper 4: Persons and their names - a task fairly well done!

Paper 5: Message of Mother Veronica - heart and sentiments poured out taking the form of words on the paper.

Oh! At last the QUIZ ended! It was nearing 9.25 p.m. A quick glance at the Answer Sheets; then folding, inserting and sealing the packet!

All breathed a sigh of relief beaming with smiles and also with a deep regret that the Paper on the Quotes might bring about the downfall of the community.

It was time to go to bed, but a little celebration was needed to end the excitement. A cup of hot milk and biscuits served to cheer up the crestfallen faces!!!!!!!

Our grateful thanks to the Superior General for the winds of excitement caused in the Apostolic Carmel, for the sisters at the AC Spirituality Centre, Maryhill for breaking their heads, spending their time and energy to prepare the Question Papers and then to go through the strain of 'Valuation'.

May our study not remain at the head level alone but sink into our hearts and lives making us walk in the footsteps of our Venerable Foundress Mother Veronica.

**A. C. FOOTPRINTS. Vol. 7. Pages 277 to 378.**

**Sister M. Aquina A.C.  
Carmel Convent, Ashaniketana**

(Answers to be sent to the Editor of Karnataka Vani by 20th October 2018. You could send it to the

Email. id - (roseagnesac@rediffmail.com or acroseagnes@gmail.com)

Those who find it difficult to fill in the grid kindly send only the answers as (Across.... 1,3,7 etc. Back..... Down.....)

**ACROSS:**

1. The 1930s and 1940s were a period of separation for this family. Four out of six children of the family entered the A. C. fold. They had nothing pretentious about them. They appreciated their religious call. All four opted for Karnataka Province. This Sister is the eldest of them. (6)

3. She had many interests. She loved nature, relaxed with flowers, birds and animals. Above all she was interested to teach teenage students to pray. She was happy to direct retreats for individuals and groups, lay people and Sisters. At night, while travelling by train, she would never sleep due to the train accident she had as a child. While crossing a bridge, the bridge collapsed and she fell off on the river bed. (7)

7. This Sister, fell off the moving Rickshaw while coming down to her home town in April. Yet boarded the train and bearing excruciating pain landed in Mangalore. In July she returned to Avila Convent Patna. (7)

10. This Sister enjoyed teaching catechism to children and adults; visited the sick and aged distributing Communion in the tea estates, walking several miles. The Parish Priest and the community told her jokingly, to wear an alb in addition to the Stole. (4, 5)

12. She was the pet of her parents and attended Mass daily with her mother. Just to please the Parish Priest, she replied that she wanted to be a Nun. She lost her mother in Class IX. The P.P. guided her. In Ottapalam she completed her Teachers' Training under Sr. Clarice who was like a second mother to her. She joined the A. C. band in 1951. (9)

13. She was trained for and adept in cookery, needlework, hand work and flower making. There was a finish in all she did. She taught young, poor girls and women to cut out and tailor garments and stand on their feet so that they could set up their own tailoring units. This was her social welfare apostolate in Jaffna, Batticaloa, Kalmunai and Atchuvely. (9)

15. She was the first Superior of Nandakhal and taught in Marathi Medium Parish School. She worked with the Warli tribals at Ashagad for a year. At 51, she was sent for B.Ed. course. This Sister had three siblings in the congregation but each one is in a different Province. (6+6)

### **BACK:**

2. Many would refer to her as '**Mother**' because she had a heart. She was in charge of the material needs of the Jesuit retreat house, Dhyanaashram, Bangalore. She spent her last 14 years in St. Joseph's Convent, Mysore. The community felt it a blessing to have her, to enjoy the sweetness of her presence, the simplicity of virtuous life and the fidelity of authentic religious living. (7)

4. She was seen smiling serenely at the visitors at the I C U. This was probably the sequel to her attitude to life: rising always at an early hour, with a faith and trust in the power of God that enabled her to face each day with a confident smile. (6)

6. This Sister, the delicate child from 'Peace Haven' of Bunt's Hostel road, got a thick exercise book from her father, with lines and columns neatly drawn on each page to record daily and weekly Examen as a

Novice. In 1978, she took up the duty of Secretary General of the Congregation. She was in this post till 1995; within a month she passed away due to brain tumor. (5+6)

8. She always looked bright and energetic in spite of cataract in both the eyes and detachment of the retina. The joys of golden jubilee and the **tragedy of TISCO fire and stampede** brought her closer to her eternal reward. The Lord must have found that purification was enough and so spared her any struggle at her last hours on earth. (5)

9. Her spirit of self sacrifice and prayer enabled her to accomplish a lot. Her faith in God enabled her to negotiate for a two acre plot at Agni. She carried a little statue of St. Joseph in her habit pocket, whenever she approached officials for sanctions, and benefactors for funds. (10)

11. She studied in Cecilia's school in Batticaloa, joined the A.C. Congregation, and preferred to remain on Toque till the end. She taught English in school and also in Jesuit Technical Institution. The last 10 years she spent in Kalmunai, for she needed medical assistance from Base Hospital. (10)

14. She took her M.A. degree in Calcutta in 1945. She served on the College staff for 20 years in Patna. She was elected a Provincial Councillor of Karnataka in 1974. She visited and acquainted the communities with the A C S E P. (8)


16. Her brother wanted to get her married when studying in Form IV. Her mother wanted her to be a nun. Her father had great devotion to St. Therese, prayed that his daughter might make the right decision. (8+ 4)

### **DOWN:**

5. She was the first Tamilian to join the A.C. from Egmore. She was an asset to the Tamils and she put in 23 years of uninterrupted service in Tambaram. Her special apostolate was preparing children and adults for First Communion and Confirmaton. She was the Scripture scholar of the community and was ready to speak on the Gospel passage of the day. (8)

7. She was the 14<sup>th</sup> out of 16 siblings. After her Final Profession she contracted T.B. She was taken home for treatment but couldn't return in the stipulated time. She had to undergo initial formation once again with a new **Institute Number** and make her Profession. Her love for the poor, interest in every community member especially student Sisters was wonderful. (8)

8. It was her blind faith in prayer that rolled away the clouds of mistrust and enabled her as a religious. She studied music under late Sr Nympha and used it effectively in school, Parish etc. She lived till 45<sup>th</sup> birthday, but one can say that she had accomplished her life's goal. (7)

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**Results of the Quiz on A.C. Foot Prints: Congratulations!**

**Western Province:**

1. Sister Margret Angela A.C.	29
2. Sister Maria Pia A.C.	29
3. Sister Elvira Tellis A.C	29
4. Sister M Verita A.C.	29
5. Sister Angelita A.C.	29
6. Sister Florence Mary A.C	29
7. Sister Jean Marie A.C.	29

**Southern Province**

1. Sister M. Vimala A.C.	29
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**Eastern Province**

1. Sister Maria Vera A.C.	29
2. Sister Maria Rajani A.C.	29
3. Sister Belina A.C.	29
4. Sister Pramila L. D’Souza A.C.	29
5. Sister Juliet Shanthi A.C.	29

**Centre**

1. Sister M. Flavia A.C.	29
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**Sri Lanka Province**

1. Sister Mary Biuma A.C.	28
2. Sister M. Elizabeth A.C.	27
3. Sister M. Thushika A.C.	29

**Karnataka Province**

1. Sister M. Avita A.C	28
2. Sister Marie Alice A.C.	29

3. Sister Maria Premitha A.C.	29
4. Sister M. Felician A.C.	29
5. Sister M. Henrita A.C	28
6. Sister M. Stanislas A.C.	29
7. Carmel Convent, Bailhongal	29
8. Sister Thelma Quadros A.C.	29



**‘Put your trust in God  
alone, not in man’**

**‘The only ambition of  
a Carmelite  
should be to surpass  
the others in humility’**

**- Mother Veronica**

**Show them your merciful love Lord, Grant them eternal rest.**



<b>Date</b>	<b>Name of the Sister</b>	<b>Relationship</b>	<b>Name of the Deceased</b>
12.01.2018	Sister Maria Ranitha A.C.	Brother-in-law	Mr. Fredrick Crasta (62) Manjeshwar
12.01.2018	Sister Maria Sheethal A.C.	Father	Mr. John Pinto (82) Loretto
17.01.2018	Sister Maria Premal A.C.	Father	Mr. Cyril Dias (80) Byndoor
07.02.2018	Sister M. Aloysius A.C.	Sister	Ms. Lizzie (87) Bangaluru
17.02.2018	Sister M. Ruby A.C.	Father	Mr. Leo S D'Souza (77) Omzoor
19.03.2018	Sister Maria Usha A.C.	Father	Mr. Balthazar Fernandes (93) Byndoor
19.03.2018	Sister M. Aniceta A.C.	Sister	Ms. Gracy Menezes (90) Delhi
02.04.2018	Sister Maria Reethika A.C.	Mother	Ms. Stephanie Saldanha (93) Bondel
11.04.2018	Sister Violet Tauro	Brother-in-law	Mr. Peter Menezes (84) Kallianpur
14.04.2018	Sister Pauline Mary A.C.	Sister	Ms. Lily Saldanha (91) Kulshekar
03.05.2018	Sister Noella Marie A.C.	Brother	Mr. William Furtado Barkur
06.05.2018	Sister Florine Pinto	Brother	Mr. Urban Pinto (70) Paldhane
03.06.2018	Sister M. Lydia A.C.	Sister	Ms. Lucy Miranda (91) Mumbai
01.07.2018	Sister Judith Frank A.C.	Mother	Mrs. Lily Frank (70) Modankap
04.07.2018	Sister Asha Prima A.C.	Father	Mr. Denis Rodrigues (75) Modankap
05.07.2018	Sister Priya D'Souza	Father	Mr. Mark D'Souza (68) Panir
19.07.2018	Sister Zita A.C.	Brother	Mr. Lancy Almeida (74) Barkur
03.08.2018	Sister M. Avelina A.C.	Brother	Mr. Lonappan (64) Trissur
12.08.2018	Sister M. Susan A.C.	Brother-in-law	Mr. Martin (65) Mumbai

## Glimpses of Celebrations – Pau, France





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**ದಿವ್ಯಮಯಿ**  
Divyamayi

## Mother Veronica in Print and Electronic Media

